

## Booking information

Bookings can be made either by calling into Reception or by completing our online application form which should be emailed to [ski@midlothian.gov.uk](mailto:ski@midlothian.gov.uk) Reception will phone you back as soon as possible for payment. **Your booking is not confirmed until payment has been made. If you are not able to take our call for payment and do not make payment within 48 hours of your form being received, then your booking will not be valid.**

## Included in the cost

The cost of the course includes instruction, use of skis, helmets (compulsory), boots, sticks and uplift as required. Equipment will be issued 15 minutes before the start of the session.

## Clothing

We are an outdoor centre and all clothing should be weather appropriate – long sleeves/long trousers and gloves are essential on the slopes at all times. Long, thick socks and waterproofs are recommended too. Don't forget sun protection and drinks in the summer. Lockers cost 20p (non-refundable.)

## Terms and Conditions

Sessions may be cancelled in the event of severe weather. We reserve the right to cancel any courses should insufficient applications be received. If for some reason, your child is unable to attend any session(s), it will not be possible to accommodate him/her at another time or give compensation for missed session/s.

**All prices are subject to Midlothian Council price increases**

## Cancellation / Transfer Policy

**REFUNDS** will incur a £10 administration fee. Minimum 7 days' notice required

**TRANSFERS** permitted up to 7 days before booking date. A £20 administration fee will be charged if transfers made within 6-4 days of booking date.

**NO REFUNDS / TRANSFERS permitted within 72 hours of booking date**

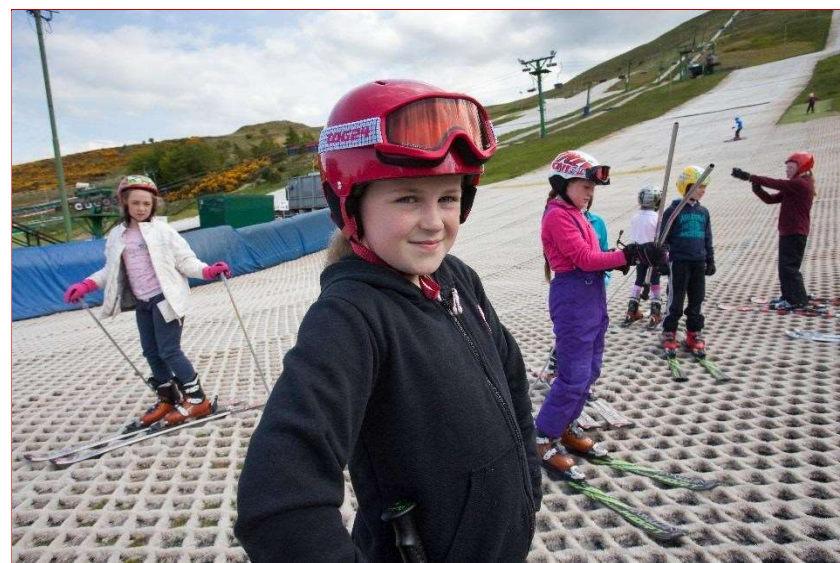


## MIDLOTHIAN AFTER SCHOOL SKI PROGRAMME

**Midlothian Schools only P3 – S6**

**Minimum age: 7 years**

6-year-olds are able to attend if parents are present at the centre each week.



**Tuesday – Beginner to Level 6: 16:00 – 17:30**  
**Wednesday – Level 7 & Race Training: 16:30 – 18:00**  
**(Term time only)**

Midlothian Snowsports Centre, Hillend, Nr. Edinburgh, Midlothian EH10 7DU  
Tel: 0131 445 4433  
Email: [ski@midlothian.gov.uk](mailto:ski@midlothian.gov.uk)

**SKI LEVELS P3 – S6  
BEGINNER to LEVEL 6 (TUESDAYS ONLY)**

**BEGINNER (entry: complete beginners)**

Pupils will learn to control their speed using snowplough and learn to use the tow safely.

**LEVEL 2 (entry: L1)**

Pupils will learn to demonstrate a variety of turn shapes and snowplough turn from the middle station.

**LEVEL 3 (entry: L2)**

Pupils will learn to allow their inside ski to glide in and match their outside (bottom) ski after the fall line to create a parallel position to traverse across the hill.

**LEVEL 4 (entry: L3)**

Pupils will develop their skills to allow them to match their inside ski earlier in the turn (before/at the fall line). They will learn to ski in control from the second red path. Poles will be introduced.

**LEVEL 5 (entry: L4)**

Pupils will learn to steer their skis around an arc in a basic parallel position from the middle station (first red path). They will also learn how to demonstrate a hockey stop and will become able to ski down from the top (face) in control.

**LEVEL 6 (entry: L5)**

Pupils will learn to execute basic parallel turns with a pole plant from the second red path. They will also become able to ski down from the top (face) in control in parallel.

**LEVEL 7 (entry: L6) (WEDNESDAY ONLY)**

There will be emphasis on skiing on the steep section of the slope; pupils will become able to ski down from the top in control (face) in parallel with a pole plant. The course will also cover short swing turns and an introduction to carving.

**RACE TRAINING (WEDNESDAY ONLY)**

Candidates will have attained level 6 or 7 of the ski school grading system.

**MIDLOTHIAN AFTER SCHOOL SNOWSPORTS  
PROGRAMME 2024  
Application Form  
Please complete in BLOCK CAPITALS**

Name..... M/F.....

Address.....

.....Postcode.....

Email.....

Age ..... DOB.....

**Minimum age: 7 years.** 6-year-olds are able to attend if parents are preset at the centre each week.

SCHOOL (**Midlothian only**) .....

Contact Tel No during lessons .....

**Course Dates 2024 (Term Time Only) – 6 Week Block**

Tuesday: 07<sup>th</sup> May – 11<sup>th</sup> June

Wednesday: 08<sup>th</sup> May – 12<sup>th</sup> June

**Tuesday 16.00 – 17:30**

Beginner

Level 2

Level 3 & 4

Level 5 & 6

**Wednesday 16:30 – 18:00**

Level 7 & Race Training

Please note the above class times include 15 minutes at the start of the lesson to collect equipment and 15 minutes at the end to return equipment.

**Payment of £51.60 is required within 48 hours of submitting the completed application form online.** We will contact you on the telephone number provided as soon as possible to take your debit/credit card details. Payment can also be made in person at reception or by sending in a completed application form please make cheques made payable to Midlothian Council.