

Week Commencing 27.09.21, 25.10.21, 15.11.21 & 06.12.21

Week 3 Packed Lunch Order Form

<u>Pupils Name</u> _____				<u>Class</u> _____					
<u>MONDAY</u>		<u>TUESDAY</u>		<u>WEDNESDAY</u>		<u>THURSDAY</u>		<u>FRIDAY</u>	
Hot Packed Lunch		Hot Packed Lunch		Hot Packed Lunch		Hot Packed Lunch		Cold Packed Lunch	
Fish & Chips		Chicken & Sweet Potato Curry (Vegetarian Option Available)		Beef or Quorn Chilli Con Carne & Brown Rice		Wholemeal Pizza & Wedges			

Sandwich Option		Sandwich Option		Sandwich Option		Sandwich Option		Sandwich Option	
Yoghurt	✓	Yoghurt	✓	Yoghurt	✓	Yoghurt	✓	Yoghurt	✓
Cheese		Chicken		Chicken		Cheese		Chicken	
Tuna		Tuna		Cheese		Tuna		Tuna	
Egg		Egg		Egg		Egg		Egg	
Coronation Chicken		Salmon		Hummus		Coronation Chicken		Hummus	

Drink		Drink		Drink		Drink		Drink	
Water		Water		Water		Water		Water	
Milk		Milk		Milk		Milk		Milk	

Fresh Fruit	✓	Fresh Fruit	✓	Fresh Fruit	✓	Fresh Fruit	✓	Fresh Fruit	✓
Salad Pot	✓	Salad Pot	✓	Salad Pot	✓	Salad Pot	✓	Salad Pot	✓
								Sweet Potato & Carrot Muffin	✓

Hot lunches are only served with fruit All sandwich lunches are served with a yoghurt

All Lunches are served with a crunchy salad (mixture of lettuce, tomato, cucumber & carrot)

Please inform your School if the Pupil has a medically prescribed diet or allergen requirements

Please note that on Tuesday 26 October the kitchen will serve Monday option