



Midlothian Schools Ski Programme

Course: 007

Thursday 04th November – 09th December 6 weeks inclusive

Dear Parent/Guardian,

Midlothian Councils Education Division offer ski courses to pupils in Primary 4 and above. The above course is being offered to your child's class, and we wish to invite your child/children to attend.

The cost is: **£60.00** or **£40.00** if claiming free school meals, clothing grant or if you have 2 or more children taking part in the same ski programme.

Please liaise with the school directly regarding payment method and payment due date.

Most pupils with additional support requirements can actively take part.

Transport will be provided to and from Midlothian Snow sports Centre.

I have included a list of what participants should wear and bring along with them.

The consent form attached must be completed and returned to your school prior to your child/children's skiing course. Without a completed consent form they cannot take part.

School Course ability levels

Total Beginner	Never been skiing
Level 1	Snowplough from green path
Level 2	Snowplough turns from first red path
Level 3	Snowplough turns with parallel traverse
Level 4	Polished plough parallel from first red path
Level 5	Basic parallel from first red path
Level 6	Parallel with pole plant from second red path
Level 7	Parallel with pole plant from the top. Short swings. Carving.
Mountain Masters	Introduction to carving freestyle.

Important information regarding personal equipment:

Please make sure your child knows what size shoes they wear so that ski boots can be fitted easily.

Any pupil with long hair should have it tied up in a low pony tail and no gel, wax, hairspray or other hair products should be used on ski days.

Midlothian Snowsports Centre skis in all weathers, therefore children should come with appropriate clothing each week. For reasons of safety, it is a requirement that arms and legs are covered and gloves worn at all times on the ski slope

There are no lockers available at Midlothian Snowsports Centre and school teachers will be responsible for a roller bag with pupil's shoes. We would ask that any valuables are left at home on ski days.

A bottle of water should be brought each week (no fizzy drinks). A snack can be brought with schools permission however pupils should not bring school bags or rucksacks to the centre.

During colder weather, from September to April

Your child will need:

Warm trousers or loose fitting jogging bottoms (thin leggings are not advised)
Warm jumper and a waterproof jacket or similar (no loose cords)
Waterproof outerwear is recommended
Ski or good hard wearing warm gloves
Warm/thick long socks

During warmer weather, May to June:

You will need:

Tracksuit or loose fitting jogging bottoms (thin leggings are not advised)
Sweatshirt/jumper or jacket
Ski or good hard wearing warm gloves
Good quality sun cream is advisable

It is advisable to bring a change of clothing, particularly in wet weather and if the group are returning to school.

Waterproof jacket and trousers are strongly advised for rainy days regardless of season;

****Please wear pony tails low and do not use hair gel on ski days****

If you would like any further information about this course, please do not hesitate to contact me

Yours faithfully,

Angela Stuart

Angela Stuart
Ski School Manager (Acting Up)
Tel: 0131 445 8362
Email: angela.stuart@midlothian.gov.uk

PARENTAL AGREEMENT FOR EDUCATIONAL VISITS

Establishment/Group:

Tynewater Primary School**Course 007**

Name of pupil:

Details of visit to:

Midlothian Snowsports Centre

Date of Birth:

Date(s) From:

**Thursday 4 November 2021 to
Thursday 9 December 2021 (6 weeks inclusive)**

Class:

P6 & P7

Time(s) From:

12.30pm approx.

To:

3.00pm approxSki
Ability
Level:**(See ability table within
parent letter above)**

Home Address:

I agree to _____ (name) taking part in this visit and have read the information sheet. I agree to his / her participation in the activities described. I acknowledge the need for him / her to behave in a responsible manner.

Medical information about your child

Do they have any condition medical treatment requiring medication?

YES / NO

If yes, please give brief details

Any known allergy to medicine (e.g. penicillin) or other factors (e.g. animals)

Name, address and telephone number of your family doctor

Please give details of any special diets

E.g. vegetarian/diabetic/no specific 'E' numbers etc.

Are there any other issues which may affect your child's participation?

YES/NO

I will inform the Group Leader/Head of Establishment as soon as possible of any changes in the medical or other circumstances between now and the commencement of the visit.

Insurance Information: Midlothian Council provides public liability cover and travel cover for approved educational visits.

The planned visit will take place according to the Midlothian Council's Off-Site Visits Policy. A copy of the policy is available for inspection from the Group Leader or on the Council website. The visit has been risk assessed and every effort will be made to minimise risk. Nonetheless, a totally risk free environment is unrealistic and in signing the parental consent form, you are asked to acknowledge that a degree of residual risk remains. It is not anticipated that risks will exceed those incurred in normal day to day living.

Declaration

I agree to my son/daughter receiving medication as instructed and any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present. I understand the extent and limitation of the insurance cover provided.

OR

I give permission for my child to receive emergency medical treatment/anaesthetic as considered necessary by the medical authorities present, with the exception of the administration of blood or blood products. I accept full legal responsibility for this decision and release Midlothian Council and its staff from any liability for any consequences resulting from this decision.

Contact name and telephone numbers

Name Home.....Work.....

Mobile.....

Alternative contact name and telephone number (e.g. grandparent/neighbour) Name

Tel No Relationship to pupil

I am interested in being a parent helper YES/NO**Payment Method (please circle): Cash Cheque ParentPay**

Signed (Parent/Carer) Date

PLEASE RETURN THIS FORM TO YOUR CHILD'S CLASS TEACHER BY FRIDAY 29 OCTOBER 2021

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FOLLOWING PAGE TO BE RETAINED BY PARENTS/GUARDIANS

Parental Information for Educational Visit

Details of educational visit (to be retained by parent / carer)

Venue	Midlothian Snowsports Centre, Hillend.	Activity	Skiing - Course 007
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Date (s)	Each Thursday from 4 Nov to 9 Dec 2021 6 weeks Inclusive	Departure time	12.30pm approx.
		Return Time	3.00pm approx

Form of Transport	Private Coach	For further information please contact:	School Office or Angela Stuart (Ski School Manager)
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Member(s) of Staff Responsible	Mr Watson or Mrs Leonard and Parent Helpers – we cannot run the course without parent help. We can set up a rota for helpers, so even if you are only available on one day it would be most helpful.
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Packed Lunch Required?	Yes	School uniform/dress code required?	See clothing list
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Packed lunches are provided for Children in receipt of Free School Meals.

Cost of Visit	£60.00 or £40.00 if in receipt of Free School Meals/Clothing Grant or if you have 2 or more children taking part. Please pay via ParentPay if possible, cash and cheques will be accepted. Cheques should be payable to Tynewater Primary School
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What needs to be brought for the visit (e.g. additional information, clothing requirements, etc)

Information Sheet Attached

Parent helpers should be able to ski at no cost, alone or with their group if, and as they wish, however they should be aware that their primary role is to assist in escorting children to and from the coach, into and through Ski Hire and with any children who need any unexpected help whilst away from the school site.

Given the current COVID measures (as at 21/9/21), all Parent Helpers need to test negative in a lateral flow test the day before the excursion and the day of the excursion; need to wear masks and be at least 1m socially distanced from pupils.

Signed _____ Date _____
Head of Establishment