DISHES AND THEIR ALLERGEN CONTENT – MIDLOTHIAN COUNCIL week 3 spring 2020

DISHES						upin Flour	Milk		MUSTARD			SISTAM		Boor WNE
M/C = MAY CONTAIN	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
HAGGIS VEGGIE HAGGIS		*												
QUORN HOTDOG		*		*			*							
SALMON FISHCAKE		*			*									
LEMON SPONGE		*		*			M/C						M/C	
CHICKEN CASSEROLE	*	*												
PASTA&TOMATO SAUCE		*												
GARLIC BREAD		*					*							
CHEESE/ BISCUITS		*					*							
CHILLI CON CARNE														
BAKED POTATO BEANS OR CHEESE							*							
SHORTBREAD BISCUIT		*					*							

RASPBERRY RIPPLE MOUSSE				*				
SOUP OF THE DAY	*							
CHEESE&TOMATO PIZZA	*			*				
YOGHURT SELECTION				*				
SWEET POTATO FRIES								
FRESH FRUIT POT								
CUSTARD				*				

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