

DISHES AND THEIR ALLERGEN CONTENT – MIDLOTHIAN COUNCIL SPRING 2020 (WEEK 1)

DISHES						upin Flour	Milk		MUSTARD			HEAM OR	- J. S.	Beer WINE
M/C = MAY CONTAIN	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MACARONI CHEESE		*					*							
CHEESE&TOMATO PIZZA		*					*							
CHEESE & ONION BRIDIE		*		M/C egg wash			*							
CHICKEN TIKKA WRAP		*												
SALMON NIBBLES		*			*									
SWEET/SOUR CHICKEN NOODLES		*		*										
ROAST CHICKEN IN GRAVY	*	*												
ROAST BEEF & YORKSHIRE PUDD	*	*		*			*							
BAKED POTATO TUNA MAYO COLESLAW				*	*		*		*					
MUFFINS		*		*			M/C						M/C	M/C dried fruit
SCONE		*		M/C			*						M/C	

PANCAKE	*	*		*				
ICE CREAM ROLL MANDARINS	*	*		*			*	
SEASONED WEDGES	*							
ROAST POTATOES MCCAINS	*							
SOUP OF THE DAY	*							
SAVOURY RICE	*							
YOGHURT SELECTION				*				
SUNFLOWER SPREAD				*				
FRESH FRUIT POT								
JELLY SELECTION								

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You can find this template, including more information at www.food.gov.uk/allergy