

**P4 Residential Study to Low Port Outdoor Education Centre,
Linlithgow**
from 9.15 am on Monday 23 September to 3.20pm on Wednesday 25 September

What pupils need to bring with them
(Clothing will almost certainly get wet + muddy):

- Inhaler / medicine with written instructions (if required) – to be given to Mrs Clarke/Mrs Leonard
- **Packed lunch in a box or bag for Monday 23 September**
- **School sweatshirt, trousers and shoes**
- hand towel and bath towel
- 2 or 3 pairs of trousers / jogging bottoms
- 2 or 3 polo-shirts / tops / T-shirts
- warm socks and 2 warm jerseys
- underwear
- 1 or 2 extra pairs of shoes / trainers (**old**), Wellington boots
- waterproof / hooded jacket and a hat
- swimming costume and towel
- soap (+ facecloth if necessary), shampoo and hairbrush
- tooth-brush and tooth-paste
- pyjamas and dressing gown
- **plastic bags** for dirty and wet clothing
- paper hankies, torch, watch, a book to read
- money in change for payphones
- mobile phone (at owner's risk) to be given to Mrs Clarke/Mrs Leonard who will issue them after our evening meal to allow pupils to make calls. Could parents/carers please wait for pupils to call them so as not to interrupt our activities.
- Camera (at owner's risk).
- Pocket money (£5 maximum) should be given to Mrs Clarke/Mrs Leonard first thing on Monday 23 September in a labelled purse, wallet or envelope. There is a shop only at Linlithgow Palace.

Please do not bring:

- Gameboys/ PSPs, iPods or any expensive electrical equipment etc
- Any food / sweets whatsoever. The children's attitudes to excellent and substantial paid-for set meals are much better if there is no fall-back on a take-your-own supply of sweets and snacks. – There will be hot chocolate / juice and biscuits/toast at suppertime so there is no real need to use the vending machines.

Mrs Clarke/Mrs Leonard *P4 Teachers*

Douglas Lawson *Head Teacher*