



**Invitation to our FREE online session for parents**  
**To be held on Tuesday 12 May**  
**Places are free, registration is essential at**  
**<https://bit.ly/Connectplusrespectme>**  
**Choose from afternoon or evening session.**

Our children and young people are spending more time online in the current situation. We'd like to invite parents and parent groups to discuss cyber bullying.

Connect is hosting two online sessions with respectme, Scotland's anti-bullying service on Tuesday 12 May. Places are free, booking is essential. You can choose from 2 sessions, 2-3pm and 8-9pm

The session with respectme will cover

- how and where cyber bullying happens,
- the impact it has on young people's lives,
- ways of supporting a child or young person who is being bullied online
- online resources and tools available to address online bullying.

After you register, we will send you a link to join the session.

**Online Information Session**

# Cyber-bullying Q & A



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