DISHES AND THEIR ALLERGEN CONTENT - WEEK 3 (31.01.22, 28.02.22, 21.03.22, 25.04.22, 16.05.22, 06.06.22, 27.06.22)

DISHES						upin Flour	Milk		MUSTARD			HIAM.		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Meatballs		X												
Tomato Sauce														
Whole-Wheat Pasta		X												
Green Beans														
Quorn Hotdog (With Bun)		X (Hotdog Bun)		X								M/C (Hotdog Bun)		
Roast Chicken (With Gravy)	X			X			X		X					
Yorkshire Pudding		X		X			X							
Baby Boiled Potatoes														
Broccoli														
Macaroni Cheese		X					X							
Red Pesto Pasta		X					X							

Steak Pie (No Pastry)	X		X		X	X		X	
Puff Pastry (No Egg Wash)		X							
Mash Potato									
Carrots									
Pizza		X			X				
Bubble Fish				X					
Oven Chips									
Peas									
Vegetable Based Soup									
Potato Salad			X						

X = Does Contain M/C = May Contain

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Reviewed by: Midlothian Council Catering



You can find this template, including more information at www.food.gov.uk/allergy