DISHES AND THEIR ALLERGEN CONTENT – WEEK 3 : 27.09.21, 25.10.21, 15.11.21 & 06.12.21 (! = Contains M/C = May Contain)

DISHES						Lupin Flour	Milk		MUSTARD			TISAMI ON		WNE Baer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SALMON FISHCAKES		!			!									
BUBBLE FISH (POLLOCK)					!									
CHIPS & PEAS	NO ALLERGIES													
CHICKEN & SWEET POTATO CURRY (Using cornflour makes it gluten free	!	!							!					!
BROCCOLI							NO ALLE	ERGIES						
BEEF CHILLI CON CARNE SAUCE (QMS MINCE)	M/C	M/C												
QUORN CHILLI CON CARNE SAUCE	!	M/C		!			!							
WHOLEMEAL RICE	NO ALLERGIES													
WHOLEMEAL PIZZA		!					!							
POTATO WEDGES		!												
VEGETABLE STICKS	NO ALLERGIES													
BAKED POTATO Baked Beans	NO ALLERGIES													
Chicken Mayonnaise				!										
Tuna & Sweetcorn Mayo				!	!									
Cheese							!							

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