

FAMILY LEARNING

Talk, Learn, Do: Parents, Kids & Money

- What do your children know about money?
- ♣ Will your children be savers or spenders?
- What money habits do you want them to learn?



Talk, Learn, Do: Teaching your children about money

Do your children have pester powers in the supermarket? We can help!

Rewards and incentives up your sleeve without costing an arm or a leg!

Come along and we'll chat about all things money...

Friday 11th March 10am - 11.30am

For more information email: <u>CLL@midlothian.gov.uk</u>
Book your place via <u>Eventbrite</u>







- ♣ We sleep for a third of our lives
- We would not survive without it
- Sleep is just as important as diet & exercise

Are you or someone you know not getting enough sleep?
Would you like to improve your sleep?

Come along to an interactive workshop for information and support relating to sleep problems, improving sleep quality & much more

Friday 18th March 10am - 11.30am

For more information email: CLL@midlothian.gov.uk
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