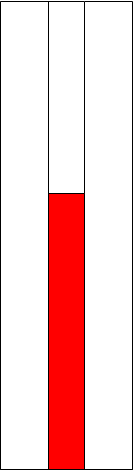
|  |  |  |
| --- | --- | --- |
| HWB  Match the food groups with their meaning:  *e.g. FRUIT AND VEGETABLES = A*  *A= Part of a balanced diet, recommendations are for 5 portions a day*  Write the correct letter in the empty column. Use a google search if you are unsure of the meanings. | Grammar  Add the missing commas on the attached worksheet. Commas can be used for lists and for finding the slight pause within a sentence. | Numeracy  In your jotter, Create a multiplication grid like we use in class. Fill in all your times tables until you reach 10x10.  There is a blank grid attached below so you can copy and complete.  EXT: Test your table knowledge here:  <https://www.topmarks.co.uk/maths-games/7-11-years/times-tables/> |
| Numeracy  We are going to begin to look at negative numbers. Numbers less than zero. Hold ctrl and click to follow the link:  <https://www.bbc.co.uk/bitesize/topics/znwj6sg/articles/zxthnbk>   1. Watch the videos and answer the quiz questions 2. Can you make a poster for when negative numbers are used in real life? 3. Complete the worksheet below. 4. Differentiated activities available on Edu City. | **P6 Home Learning Activities**  **Image result for writing clip artJan 2022**  Math Clipart  **St Andrew’s RC Primary School**  ***Share your learning on Glow & Twitter***  ***@StAndrewsTweets,***  **@patersonprimary** | Literacy + Health and Wellbeing  My Wellbeing Journal-  Write a short diary entry each day about how you are feeling, what ideas you have to keep busy each day, any challenges you have had and how you have overcome them. |
| Maths  Morse Code Challenge- Write a secret message for a family member using the Morse Code. Ask them to decode it. \*Challenge- use a torch or whistle to send your message- video it if you like!Morse Code for Kids - ed tech for kids | ICT – Coding  Microsoft Makecode is like Hour of Code or Scratch. They have guided tutorials on making games.  <https://arcade.makecode.com/>  Try the ‘beginner skillmap’ first, then work your way through the tutorials. | Music  Login to Charanga to find an assigned task.  <https://www.charangascotland.co.uk/yumu/login>  Login details are within your Digital Passports. |

SEE BELOW FOR FURTHER RESOURCES:

Order these temperatures on the thermometer:

16°C 37°C -33°C

-6°C -25°C 2°C

25°C 11°C -14°C

*(Highest temperature at the top, lowest/coldest temperature at the bottom)*

Numeracy 1- Multiplication grid

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 1 |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  | 8 |  |  |  |  |  |  |
| 3 |  |  | 9 |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |  |  |  |  |
| 9 |  |  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |  |  |

**Grammar - Missing Commas**

Can you put the missing commas back into these sentences? Remember, we’ve been looking at: using commas in lists,

**1)** Grandma went to the shop and bought carrots broccoli pork and gravy granules.

**2)** Unusually Bob drove slowly through the town centre.

**3)** I have lots of pets. I’ve got dogs cats ducks hamsters chickens rabbits and budgies.

**4)** Carefully Alice walked towards the tree and searched for the rabbit.

**5)** Because of the weather Carly put her raincoat on.

**6)** Accidentally Graham slipped and hurt his ankle.

**7)** I needed flour eggs butter and icing sugar for the cake.



Healthy Eating



Match the words below to the statements that describe them. Write the correct letter in the empty column. Use a google search if you are unsure of the meanings.

|  |  |  |
| --- | --- | --- |
|  | **Letter to match** |  |
| FRUIT AND VEGETABLES | **A** | **A.** Part of a balanced diet, recommendations are for 5 portions a day |
| SALT |  | I. Is used to provide energy for the body but is also stored for insulation |
| MINERALS |  | **B.** Food rich in carbohydrate and fibre – better varieties are wholemeal and wholegrain |
| VITAMIN |  | **C.** Is used in the body for growth and repair of tissues |
| MILK |  | **D.** Good sources of protein and iron |
| CARBOHYDRATE |  | **E.** A good source of calcium needed for healthy teeth and bones |
| FAT |  | **F.** Is needed to keep the body hydrated |
| SUGARS |  | **G.** Can consist of fructose, maltose, glucose molecules |
| MEAT |  | **H.** Organic substances essential for body function but only needed in minute quantities |
| FIBRE |  | **J.** Is a diet that provides all the nutrients necessary for health in sufficient amounts |
| BALANCED DIET |  | **K.** Is used to provide energy in the body |
| WATER |  | **L.** Small amounts of inorganic substances needed for body function |
| PROTEIN |  | **M.** Keeps the digestive system functioning properly to avoid constipation |
| BREAD |  | **N.** Is important to maintain the balance of internal fluids in the body |