

My Heart Is In Pieces...

The following words relate to the Heart. Can you put them in alphabetical order and find out what each part does?

vena cava, pulmonary vein, aortic valve, left atrium, right atrium, pulmonary artery, left ventricle, right ventricle, aorta, pulmonary valve, mitral valve, tricuspid valve

Are you able to draw a diagram or create a model of the heart and annotate or label it with these new words?

Using the words 'oxygenated blood' and 'deoxygenated blood' can you explain the job of your heart and how your heart needs your lungs to help the body?

Are you able to demonstrate ways that can speed your heart up and slow your heart down? Does this also affect your breathing?

Why is a healthy heart important?

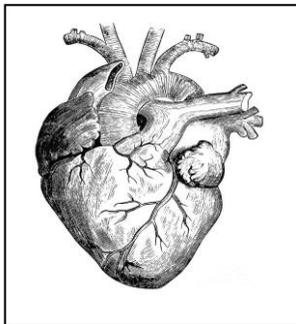
Heart Felt Words

Can you find examples of when the word 'heart' is used in poetry or songs? Note down the titles of the poems and songs and the writer. Note words the poet or singer uses to describe the heart or feelings they are trying to convey.

From your collected words can you create some heart poems?

For Your Information

Create a bright, colourful and well laid out information poster explaining how you can keep your 'emotional heart' and your 'physical heart' healthy?



How many words from 'Pulmonary Artery'?

Heart History

Are you able to produce a 'Heart Timeline' that shows the importance of the heart in history and science? How many facts and figures can you find?



HE(ART)

Hearts can be found across the Art world, in paintings, drawings, sculptures. Can you find examples when hearts have been used by famous artists? Can you recreate their work or create work of your own?

For Your Information #2

Can you create a (darker) colourful and well laid out information poster explaining the things that can make your 'emotional heart' sad and your 'physical heart' sore?



In the Desert BY STEPHEN CRANE

In the desert
I saw a creature, naked, bestial,
Who, squatting upon the ground,
Held his heart in his hands,
And ate of it.
I said, "Is it good, friend?"
"It is bitter—bitter," he answered;

"But I like it
"Because it is bitter,
"And because it is my heart."

Consider

1. How was the creature feeling?
2. Why do you think this?
3. Why did the poet speak to the creature?
4. Why did the poet call the creature 'friend'?
5. Why is the desert a good setting for this poem?
6. What do you think this poem means?

Head or Your Heart

Do you follow your 'head' or your 'heart'?

Explain what this phrase means and give examples to back up your answer.

