

Parent & Carer Guidance for Returning to Nursery

We are delighted to welcome back you and your child to Paradykes Nursery School. It is our pleasure to open the nursery once again, we have missed seeing you so much. One priority is to maintain our close communication and will work with you to find what method works best for you. There will be lots of information coming out as we navigate our way through the return and beyond.

Please be reassured that you can contact the nursery by telephone or email.

Tel No: 0131 271 4651

Email: Paradykes_ps@midlothian.gov.uk



The Scottish Government publish guidance on what we have to do and you will see below what we will be doing.

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We are following the Coronavirus (COVID-19): Guidance on Reopening Early Learning and Childcare Services published by the Scottish Government on the 30th July 2020. This guidance recognises that we must safeguard the wellbeing of the child and the adults who work with them.

This table shows the core public health measures that underpin what we have put in place to keep everyone safe and examples of what this means for you and your child

| Public Health Measure | Examples of what this means for me and my child |
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| Enhanced hygiene and cleaning practice | <ol style="list-style-type: none"> 1. All staff wash their hands on arrival and departure from the setting All staff wash their hands at very frequent intervals throughout the day 2. All children wash their hands <ul style="list-style-type: none"> • on arrival, • when they move from outdoors to indoors • when they move from indoors to outdoors • before snack and lunch • and at frequent intervals throughout the day We help the children to ensure that they wash their hands thoroughly 3. We have reduced the number of resources that children can play with and ensure that they are cleaned regularly throughout the day 4. Frequently touched surfaces are cleaned hourly 5. Staff will carry daily checklist to ensure we adhere to guidance |
| Limiting children's contacts | <ul style="list-style-type: none"> • This is to reduce the likelihood of transmission and allows for more effective contact tracing through Test and Protect. • Children will be in one bubble and they will only play with children in that bubble. This means they will not mix with children from other rooms when outside. We have divided the garden to ensure that the bubbles do not mix outside. • If a child does become ill with COVID-19 this will reduce the overall number who will need to isolate |
| Maximising the use of outdoor spaces | <ul style="list-style-type: none"> • Children can choose to spend their time outside or inside. • Children love being outdoors and we have observed that children are very involved in their own learning outside – in fact for many children this is the most powerful learning for them • If you can provide wellie boots and we will dedicate a waterproof wetsuit for your child to use in nursery. • Evidence suggests that outdoor environments can limit transmission, it also means adults and children are spread over a wider area • We also ensure there is good ventilation in our indoor spaces to reduce transmission |

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| <p>Physical distancing between adults in the setting including parents at drop-off and pick-up time</p> | <p>Evidence also shows that young children are less likely to be affected by or to transmit the virus. This is not the case for adults – so to prevent the spread of COVID-19 all adults must physically distance staying 2 meters away from each other where at all possible We are all in this together and we all want to keep our community safe – please help us by staying 2 meters away from other adults.</p> <ul style="list-style-type: none"> • We have staggered the arrival and departure times to ensure that there are less adults coming to nursery at drop-off and pick-up • A member of staff will come and collect your child from the gate at drop-off time. Please be patient as we want to be able to welcome everyone • A member of staff will bring your child to you at the end of the day • Mrs Todd will be main line of communication at the gate and will let you know how your child is getting on, on a daily basis. Your child may have a sticker that says ‘ask me about?’ to encourage them to tell you about their day. • Please can you let Mrs Todd how you would like to communicate with your key worker? Email,phone zoom etc? |
| <p>Active engagement in Test and Protect</p> | <p>We are following the Test and Protect arrangements if someone becomes unwell. If you or one of your family become unwell, please:</p> <ul style="list-style-type: none"> • Contact the NHS to arrange to be tested at 0800 028 2816 or www.nhsinform.scot • tell us as soon as you can – we can then take measures to stop the spread of the infection |

There are lots of other things that we are doing to keep everyone safe. If you have any questions, please ask a member of staff, phone us or email us. We are happy to talk about any of the measures we are taking to prevent the spread of infection.