# **Week 1 Primary Menu**

# 17.01.22, 07.02.22, 07.03.22, 28.03.22, 02.05.22, 23.05.22, 13.06.22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Home Made Soup (V)	Home Made Soup (V)	Home Made Soup (V)	Home Made Soup (V)
MAIN DISH (1)	Macaroni Cheese (V) Broccoli	Lentil and Spinach Hot Pot (V) Peas	Beef Mince or Quorn Mince (V) Neeps Tatties Yorkshire Pudding	Cosmo's Wholemeal Pizza (V) Sautéed Potatoes
MAIN DISH (2)	Bubble Coated Salmon Sautéed Potatoes Broccoli	Quorn Meatballs with Gravy (V) Baby Potatoes Peas	Vegetarian Haggis (V) Neeps Tatties	Seasonal Vegetable Crumble (V) Sautéed Potatoes
SOUP, SANDWICH & SALAD BAR	Free Range Egg Sliced Chicken Tuna Mayo	Free Range Egg Sliced Chicken Tuna Mayo Cheese	Free Range Egg Sliced Chicken Tuna Mayo	Free Range Egg Sliced Chicken Tuna Mayo Cheese
DESSERTS (Seasonal Fruit Bowl available every day)	Orange Wedges & Fruit Yoghurt	Apple Crumble & Custard	Seasonal Fruit Salad	Strawberry Jelly & Mixed Berries
DRINKS	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water

# **Week 2 Primary Menu**

# 24.01.22, 21.02.22, 14.03.22, 04.04.22, 09.05.22, 30.05.22, 20.06.22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Home Made Soup (V)	Home Made Soup (V)	Home Made Soup (V)	Home Made Soup (V)
MAIN DISH (1)	Baked Potato Tuna Mayo or Cheese Corn on the Cob	Fish Fingers Chips Peas	Pork or Quorn Sausage (V) Mash Baked Beans	Chicken & Vegetable Curry Brown Rice
MAIN DISH (2)	Quorn Burger (V) Sweet Potato Mash Corn on the Cob	Quorn Pasta Bolognaise (V) Carrots	Quorn Nuggets (V) Mash Baked Beans	Cosmo's Wholemeal Pizza (V) Waffles
SOUP, SANDWICH & SALAD BAR	Free Range Egg Sliced Chicken Tuna Mayo	Free Range Egg Sliced Chicken Tuna Mayo Cheese	Free Range Egg Sliced Chicken Tuna Mayo	Free Range Egg Sliced Chicken Tuna Mayo Cheese
DESSERTS (Seasonal Fruit Bowl available every day)	Orange Jelly & Mixed Berries	Seasonal Fruit Salad	Melon Wedges & Fruit Yoghurt	Stewed Apple & Cinnamon Muffin
DRINKS	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water

# **Week 3 Primary Menu**

# 31.01.22, 28.02.22, 21.03.22, 25.04.22, 16.05.22, 06.06.22, 27.06.22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
STARTER	Home Made Soup (V)	Home Made Soup (V)	Home Made Soup (V)	Home Made Soup (V)
MAIN DISH	Chicken Meatballs Tomato Sauce Whole Wheat Pasta Green Beans	Roast Chicken Yorkshire Pudding Baby Potatoes Broccoli	Steak Pie Mashed Potato Carrots	Bubble Coated Fish Oven Chips Peas
MAIN DISH	Quorn Hot Dog with Bun (V) Green Beans Salad	Macaroni Cheese (V) Broccoli	Whole Wheat Pasta (V) Red Pesto Cherrie Tomatoes Spinach	Cosmo's Wholemeal Pizza (V) Oven Chips
SOUP, SANDWICH & SALAD BAR	Free Range Egg Sliced Chicken Tuna Mayo Cheese	Free Range Egg Sliced Chicken Tuna Mayo	Free Range Egg Sliced Chicken Tuna Mayo	Free Range Egg Sliced Chicken Tuna Mayo Cheese
DESSERTS (Seasonal Fruit Bowl available every day)	Strawberry Jelly & Mixed Berries	Seasonal Fruit Salad	Pineapple Wedges & Fruit Yoghurt	Oat Muffin & Banana Chunks
DRINKS	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water	Semi Skimmed Milk or Water

# Primary School Friday Packed Lunch

	WEEK 1	WEEK 2	WEEK 3
SANDWICH OPTIONS	Sliced Chicken	Sliced Chicken	Sliced Chicken
	Tuna Mayonnaise	Tuna Mayonnaise	Tuna Mayonnaise
	Egg Mayonnaise	Egg Mayonnaise	Egg Mayonnaise
DESSERT OPTIONS (Automatically Added)	Fruit Yoghurt Homebaking Coconut & Oat Cookie	Fruit Yoghurt Homebaking <b>Flapjack</b>	Fruit Yoghurt Homebaking Apple & Cinnamon Muffin Or Banana & Oat Muffin
FRUIT & SALAD	Fresh Fruit	Fresh Fruit	Fresh Fruit
(Automatically Added)	Salad Pot	Salad Pot	Salad Pot
DRINK OPTIONS	Milk	Milk	Milk
	Or	Or	Or
	Water	Water	Water