



Autumn Activities for Families

Autumn is a fantastic time of year to get out and explore your local community. The weather can be bright and the winter chill has not yet set in. The October break offers a great opportunity to put down tablets and devices, don your wellies and spend time together participating in some activities. How many can you complete?

- Go for walk in the park or local woods, what signs of Autumn can you see?
- Try an Autumn inspired recipe.
- Improve your photograph skills, capture the signs of Autumn.
- Build a fort in the woods or your living room.
- Go on nature scavenger hunt.
- Have a conker fight!
- Create a leaf creature.
- Go on a bike ride.
- Go foraging or apple picking.
- Create a book of your favourite memories.
- Make and enjoy a hot chocolate!

