



## Living History Log

As a school, we would love to create a Living History Log to be kept in Newtongrange Primary School for many, many years to come. The log will act like a time capsule and be used in classes and lessons in the future to explain the detail of how we, as a school community, responded during this time of lockdown. It will include the thoughts and feelings of our learners, parents, teachers and wider community.

Below we have outlined some suggested activities. You, your parents and grandparents are invited to complete as many of them as you wish to. Please take your time with them and don't rush. Remember in years to come, a child in a classroom at Newtongrange Primary School may be looking very closely at the work you complete now. Make it something that tells your story.

### Activity 1:

Write a letter to your future self, explaining what you have noticed and are experiencing during lockdown and how it makes you feel.

Let's see if we can letters from people of all different ages in our community. Learners (past and present), parents, grandparents, staff and community members.

### Think about

Introduction

Who are you as a person? (age etc)

What suddenly changed?

How did you connect with family and friends?

What did you do to keep busy?

What do you most during lockdown?

What were the challenges?

What are your hopes and dreams for when it is all over?

### Activity 2:

Draw around and colour or print with paint the hands of the people in your home. Write about what your family means to you? How have your family supported each other during this challenging time? What have you enjoyed most about your time together?



### Activity 3:

Write a lockdown poem or create a lockdown song about your experience.

- What have you notice happening?
- How has lockdown unfolded for you and within your community?
- What have you learnt?

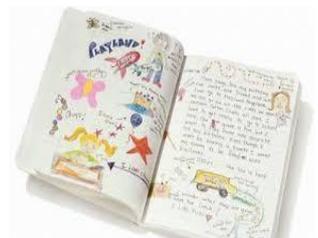
### Activity 4

Produce some artwork symbolic of the time we stayed home.

It may include be symbolic rainbow of hope or simply present something you have enjoyed doing. You may create it on your own or with family members. Perhaps include a caption to explain your artwork in a few words.

### Activity 5

Write a diary entry about a typical day in your house during lockdown. You could always create photo diary of what you and your family got up too.



We look forward to receiving your contributions for our Living History Log. Remember to include a little note along with your contribution which clearly states your name, age and whether you are a learner/past learner/parent/grandparent/community member.

Email your contributions to: [Newtongrange.PS@midlothian.gov.uk](mailto:Newtongrange.PS@midlothian.gov.uk) or hand them into the office when school reopens.

And so, to the grown ups and teachers, please remember you too can have a go and leave your mark on history.