

Family Members:

Activity	Completed? (✓)
Learn a new card game or card trick and teach it to someone in your family.	
Prepare a family meal together using some delicious ingredients	
Build a den indoors.	
Create a board game and have a board game session with your family.	
Create a scavenger hunt around the house – use clues and riddles!	
Draw a picture or write a letter to someone in a local Nursing Home and send via post or email (addresses of local Nursing Homes can be found online).	
Watch a family movie with some healthy, prepared snacks.	
Create a scrapbook or memory book with pictures, labels and illustrations.	
Construct a weather station in the garden.	
Read your favourite stories together somewhere cosy.	
Do some cleaning and tidying with your favourite music on in the background. Remember to wipe down door handles, light switches and surfaces!	
Research an unknown country, animal or food and present your findings.	
Learn a new language! Can you count to 10, say your name and your age?	
Have a paper aeroplane race. Will yours be the winner? What makes it go further?	
Make your own 'Grateful Jar'. Write down the things you are thankful for everyday on a little piece of paper and pop it in the jar!	
Create a family 2020 time capsule. Include photos, drawings and written information and hide it somewhere to read in the future!	
Create junk	
Learn a new skill and teach your family - you could try knitting, sewing or cross stitch!	
Create a new superhero. What is his/her superpower? What do they wear? Illustrate and label your new superhero.	
Prepare and make fruit kebabs with different patterns.	
Help your family to sort out photographs into albums.	
Complete a Sudoku puzzle online or in a puzzle book.	
Practice mindfulness – try some deep breathing or a mindfulness colouring page.	
Make a bird feeder and hang it outside for the birds to enjoy.	
Create your own Maths Basic Facts flash cards to practice! Why not ask someone to test you?	
Build something great using Lego, Duplo or building bricks/blocks. Who can build the highest tower?	