## RECIPES AND THEIR ALLERGEN CONTENT

| $\begin{aligned} & \text { RECIPE } \\ & \text { NAME } \end{aligned}$ | $V^{2}$ |  | $\sqrt{m}$ | 血宔 | $\mathbb{N}$ |  |  |  | mamm |  | 再 |  | Hog | $\overbrace{}^{\text {ma }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Crustaceans | Eggs | Fish | Gluten | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
| Apple |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baby Boiled Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Banana slices |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Burger in a Bun <br> May Contain：Egg Gluten（Barley）， Gluten（Oats）， Gluten（Rye），Milk products，Sesame seeds |  |  |  |  | Wheat |  |  |  |  |  |  |  | $\checkmark$ |  |
| Boiled White Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Brakes <br> Pear <br> Halves in Juice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli \＆ Cauliflower |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrot \＆ Lentil Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrot \＆ Swede Baton Mix |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Best of Both Sandwich |  |  |  |  | Wheat |  | $/$ |  |  |  |  |  | $\checkmark$ |  |
| Chicken Best of Both Sandwich |  |  |  |  | $\underset{\text { Wheat }}{ }$ |  |  |  |  |  |  |  | $\checkmark$ |  |
| Chicken in Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Meatballs in Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Brownie <br> May Contain：Egg， <br> Soybeans |  |  | $\checkmark$ |  | Wheat |  | $J$ |  |  |  |  |  |  |  |
| Cod Fillet Fish Fingers |  |  |  |  | $\underset{\text { Wheat }}{ }$ |  |  |  |  |  |  |  |  |  |
| Cosmo <br> Wholemeal Pizza |  |  |  |  |  |  | $J$ |  |  |  |  |  |  |  |


| Diced <br> Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Egg Mayo <br> Best of <br> Both <br> Sandwich |  |  |  |  | Wheat |  |  |  |  |  |  |  |  |  |
| Fruit Selection |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lentil and Vegetable Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mashed Potatoes |  |  |  |  |  |  | $\sqrt{V}$ |  |  |  |  |  |  |  |
| Mixed <br> Pepper <br> Sticks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muller Healthy Balance Yoghurt |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muller Milk |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peach Slices |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato <br> Wedges <br> (George <br> Anderson) |  |  |  |  |  |  |  |  |  | $\square$ |  |  |  |  |
| Quorn Bolognaise | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |
| salad bar Inv |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Shortbread |  |  |  |  | Wheat |  |  |  |  |  |  |  |  |  |
| Tomato Ketchup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayo Best of Both Sandwich |  |  | $\checkmark$ | $\checkmark$ | $\underset{\text { Wheat }}{\text { / }}$ |  | $V$ |  | $\checkmark$ |  |  |  |  |  |
| Vanilla Sponge <br> May Contain: Egg, <br> Soybeans |  |  | $\checkmark$ |  | $\underset{\text { Wheat }}{ }$ |  | $\checkmark$ |  |  |  |  |  |  |  |
| Vegetable Curry <br> May Contain: <br> Gluten (Wheat) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Medley |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Water |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yellow Split Pea Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire Pudding |  |  | / |  | Wheat |  | / |  |  |  |  |  |  |  |

