## RECIPES AND THEIR ALLERGEN CONTENT



| $\begin{aligned} & \text { (pecan), Nuts } \\ & \text { (walnut) } \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mashed Potatoes |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Melon Wedges |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Pepper Sticks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed <br> Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muller Healthy Balance Yoghurt |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Muller Milk |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato Wedges (George Anderson) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn <br> Cottage Pie |  |  | $\checkmark$ |  | Barley |  | $1$ |  |  |  |  |  |  |  |
| Roast Beef in Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| salad bar Inv |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salmon <br> Fish <br> Fingers |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Sliced <br>  <br> Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tiffin <br> May Contain: <br> Soybeans |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Tomato Ketchup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna Mayo <br> Best of Both Sandwich |  |  | $\checkmark$ | $V$ | Wheat |  | $\checkmark$ |  | $\checkmark$ |  |  |  | $\checkmark$ |  |
| Water |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yellow Split Pea Soup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire Pudding |  |  | / |  |  |  | $/$ |  |  |  |  |  |  |  |

