## RECIPES AND THEIR ALLERGEN CONTENT

RECIPE NAME						wpin Flour	Milk		MUSTARD		80		£	wine with
	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Apple														
Baby Boiled Potatoes														
Baked Beans														
Baked Potato														
Banana slices														
Broccoli														
Carrot & Lentil Soup														
Chicken Best of Both Sandwich					Wheat								<b>1</b>	
Chicken Burger in a Bun May Contain: Egg, Gluten (Barley), Gluten (Oats), Gluten (Rye), Milk					Wheat								<b>✓</b>	
products, Sesame seeds  Chicken														
Savoury Rice														
Chips														
Cosmo Wholemeal Pizza					Wheat		<b>/</b>							
Egg Mayo Best of Both Sandwich			<b>/</b>		Wheat		<b>✓</b>		<b>/</b>				<b>/</b>	
Fruit Selection														
Ice Cream (Reduced Sugar)							<b>/</b>							
Lentil and Vegetable Soup														
Macaroni Cheese					Wheat		<b>/</b>		<b>/</b>					
Madeira Cake Slice Gluten Free May Contain: Nuts (almond), Nuts														

(pecan), Nuts (walnut)									
Mashed Potatoes					/				
Melon									
Wedges Mixed									
Pepper Sticks									
Mixed									
Salad Mixed									
Vegetables									
Muller Healthy Balance Yoghurt					<b>/</b>				
Muller Milk					1				
Potato Wedges (George Anderson)									
Quorn Cottage Pie		<b>/</b>		Barley	<b>/</b>				
Roast Beef in Gravy									
salad bar Inv									
Salmon Fish Fingers			<b>/</b>						
Sliced Carrots & Peas									
Tiffin May Contain: Soybeans				Wheat	<b>/</b>				
Tomato Ketchup									
Tuna Mayo Best of Both Sandwich		<b>/</b>	<b>/</b>	Wheat	1	<b>/</b>		<b>/</b>	
Water									
Yellow Split Pea Soup									
Yorkshire Pudding		<b>/</b>		Wheat	<b>/</b>				