



# ACTIVE SCHOOLS PRIMARY 1 GUIDE TO SPORT AT GORE GLEN PRIMARY

## Follow us on:

**Website:** [www.activemidlothian.org.uk](http://www.activemidlothian.org.uk)

**Facebook:** Midlothian Active Schools

**Twitter:** [@ActiveNewbattle](https://twitter.com/ActiveNewbattle) [@Active\\_Mid](https://twitter.com/Active_Mid)

**Email:** [activeschools@midlothian.gov.uk](mailto:activeschools@midlothian.gov.uk)

## What is Active schools?

The aim of Active Schools is to give school aged children throughout Scotland the opportunities to be more active throughout their school years and into adulthood. These opportunities are available before, during and after school, as well as in the wider community.

An active school will promote:

- Provision of quality, safe and fun physical opportunities, including sport.
- Develop positive attitudes towards participation in physical activity by the whole school community.
- Inclusion and equal opportunities in physical activity and sport.

## Kate Murray -Your Active Schools Coordinator

The role of a coordinator is to:

- Provide extra-curricular clubs to school pupils during lunchtimes, after schools and school holidays.
- Develop physical activity opportunities for primary school pupils through clubs and our event programme.
- To encourage the local community to volunteer to help sustain clubs.
- Develop links with the local community sport clubs to provide a pathway from school clubs to community clubs.
- To provide school staff, parents and volunteers with training opportunities in physical activities and sport.

**We look forward to welcoming your child to our Active Schools Clubs!**



## Activity Info

All activities will be delivered in the school gym hall or muga by Active Schools coaches who have a PVG and are suitably qualified.

If your child is attending a club during lunchtime, they will get their lunch first and head along to the gym hall where the coach will register them.

If your child is attending a club after school, they should take their belongings with them to the gym hall or muga where the coach will be waiting for them.

Pupils do not require a change of clothes, just indoor shoes for running around and a drink of water!

Coaches/coordinator will not be responsible for notifying you should your child not turn up for a session. Please remind your child they have a club that day. Please let the coordinator know if your child is unable to attend.

## Active Schools Needs Your Help!

We are looking for parent / carer volunteers to:

- Deliver / assist at clubs in your school
- Accompany pupils to Active Schools Events
- Please get in touch using the contact details below—we'd love to hear from you!

## How do I find out about the clubs in school and how do I book?

Flyers will come home in your child's school bag at the start of each term. They will have details of the clubs on offer to your child and full information on how to book.

We also use our **social media** platforms to update parents / carers:

**Facebook:** Midlothian Active Schools  
**Twitter:** @ActiveNewbattle @Active\_Mid

**Website:** [www.activemidlothian.org.uk](http://www.activemidlothian.org.uk)



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