



Cuiken Primary Home Learning Grid





Cuiken Primary Home Learning Grid

Literacy - Reading	Literacy - Writing / Grammar	Numeracy
<p><u>Comprehension</u> <i>LI: I am learning to read for information.</i></p> <p>Choose your own challenge; mild, medium and hot reading comprehension passage on internet safety. and answer the questions that go along with the passage.</p> <p><u>AR</u> <i>LI: I am learning to read with increasing fluency, expression and understanding.</i></p> <p>Throughout the course of this week, read a book of your choice. Don't rush the book as it is important that you understand what is going on in the book. Whilst the majority of the book you will read silently to yourself, take some time to read part of the book to someone in your house, that way you are practicing reading with fluency and expression.</p> <p>Challenge: To get at least 9/10 or 4/5 when testing.</p> <p><u>Read Write Inc</u> <i>LI: I am learning to use the sounds I need to help me read unknown texts.</i></p> <p>A detailed RWI task sheet is available for you in Google Classroom. If you do not have access to Google Classroom then you can;</p> <ul style="list-style-type: none">- Watch the Daily Set Speed Sounds and Word Time videos on YouTube through the link below; Ruth Miskin You Tube https://www.youtube.com/channel/UCo7fbLgY2oA_cFC_Ig9GdxtQ- Play the literacy games set for you on Education City (check your Classwork section).	<p><u>Alliteration</u> <i>LI: I am learning what alliteration is and how it can be used to enhance my writing.</i></p> <div style="background-color: red; color: white; padding: 10px; text-align: center;"><h2>Alliteration</h2><p>Words used together that begin with the same sound.</p><p>The Wicked Witch of the West</p><p>Isaac's ice-cream was icy.</p></div> <p>Refer to the alliteration PowerPoint and as a follow up task complete the alliteration alphabet worksheet below.</p> <p><u>Information poster</u> <i>LI: I am learning to create an information poster.</i></p> <p>Information posters are used to display the most important/relevant information on any given subject. Create an information poster on Internet Safety and how as a child you can be safe online. Your target audience is other children, use information relevant to them, use words that they will understand and pictures and colours that they will find attractive and grab their attention. Use the reading comprehension to help you gather ideas and if you have access to the internet visit this web page for more information; https://www.saferinternet.org.uk/safer-internet-</p>	<p><u>Daily 10</u> <i>LI - I am learning to practice and consolidate numeracy skills.</i></p> <p>Complete one Daily 10 challenge every day: https://www.topmarks.co.uk/mathsgames/daily10</p> <p>Choose a level of your choice, choosing between division and digit values. For example;</p> <p>Monday - Addition Tuesday - Doubles and Halves Wednesday - Addition Thursday - Doubles and Halves Friday - Addition</p> <p>When choosing a level to complete, remember challenge is good.</p> <p>Challenge: Post daily on the classroom wall what challenge you completed and your result.</p> <p><u>Negative Numbers</u> - use the number line below to help you <i>LI: I am learning to add, subtract and order negative numbers.</i></p> <p>https://www.bbc.co.uk/bitesize/topics/znwj6sg/articles/zxthnbk</p> <p>Visit this bbc bitesize page, and watch the videos available.</p> <p>Mild: Create your own negative number line using the number line under at the bottom of the grid to help you.</p> <p>Challenge: Mild: up to positive 15 down to -15</p>



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<p>-Enjoy reading stories with a grown up and talk about what happens in the story.</p>	<p>day/safer-internet-day-2021/safer-internet-day-2021-top-tips/safer-internet-day-0</p> <p>Success Criteria:</p> <ul style="list-style-type: none">- Bold title- Short and snappy sentences- An eye catching layout- Attention grabbing illustrations- A final reminder about the main message- Challenge: Use alliteration within your poster.	<p>Medium: up to positive 20 down to -20 Hot: up to positive 25 down to -25 Sizzling: positive 30 down to -30</p> <p>Medium: Use the number line.</p> <ol style="list-style-type: none">1. Start at 3, count back 5, write the number you reach.Start at 2, count back 6, write the number you reach.Start at 5, count back 7, write the number you reach.Start at 4, count back 9, write the number you reach.2. Calculate by counting backwards: $4-6=$ $3-7=$ $5-6=$3. Jake wants to buy a t-shirt for £7. He has £3. He borrows the rest from his dad. How much does Jake owe his dad?4. Start at -2, count back 3, write the number you reach. <p>Hot: All of the above, plus</p> <ol style="list-style-type: none">1. Start at 4, count back 8, write the number you reach.Start at 2, count back 9, write the number you reach.Start at 10, count back 12, write the number you reach.Start at 1, count back 10, write the number you reach.2. Calculate by counting backwards. $2-7=$ $12-17=$ $14-16=$3. Calculate by counting backwards. $-2 - 7=$ $-5 - 12=$ $-10 - 8=$ <p>Sizzling: All of the above, plus</p> <ol style="list-style-type: none">1. Arrange these numbers in order, starting with the largest. $-6 \quad 5 \quad -1 \quad -4 \quad 3$2. This number line runs from -10 to 10. Four arrows point to whole numbers. Write the numbers the arrows point to. a) b) c) d)
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		<p style="text-align: center;"> </p> <p style="text-align: center;">-10 10</p> <p style="text-align: center;">3. Calculate:</p> <p style="text-align: center;">3-12= 5-20= 12-20= -5 - 9= -12 - 12=</p> <input data-bbox="2032 674 2122 754" type="checkbox"/>
<p>Maths</p> <p><u>Temperature</u></p> <p><i>LI: I am learning to read temperatures and display the data.</i></p> <p>Do you have a thermometer in your house? Check the temperature of everyone that you live with. You could even ask family members you don't live with to take their own temperature and let you know, so you can include that also. Draw out a simple table to keep note of everyone's temperature. Read and write the temperature down correctly, using the correct units.</p> <p>Take this information and display your findings in a bar graph.</p> <p>Success Criteria</p> <ul style="list-style-type: none">- Include a title (This is normally a question - what are we trying to find out?)- Label my axis- Evenly space my numbers along the y axis- Use a ruler to draw the bars	<p>HWB</p> <p><u>Positive Thinking</u></p> <p><i>LI: I am learning strategies to help with my mental health.</i></p> <p>Many of us are finding this lockdown tricky with the colder weather and darker nights. However, it is very important that we remain positive and try to flush out the negative thoughts with positive ones.</p>	<p>French</p> <p><u>French Fridays!</u></p> <p><i>LI - I am learning new French terms.</i></p> <p>* French Fridays will be live online every Friday at 11.00 on our Youtube channel, Lingobox Learning.</p> <p>*The sessions are recorded so can be watched afterwards, each session lasts approximately 15 - 20 minutes.</p> <p>Friday 22nd January - French Dance Party. Finish the term with a fun dance in French! Learn the moves and take part in the dance!</p> <p><u>French Culture</u></p> <p><i>LI: I am learning to compare and contrast.</i></p>



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Who had the highest temperature?

Who has the lowest temperature?

Challenge: Share your findings on Google Classroom.

Sumdog

LI - I am learning to practice and consolidate my knowledge. Data handling, metric units, and number, complete the challenge to receive coins.

Challenge: Can you complete a SumDog session without getting any questions wrong!

MINDFUL MOMENTS

We can't control everything that happens, but we can change our experience of those things.

HEADSPACE®



Complete the worksheet below about making negative thoughts into positive thoughts. I would also like you to reflect on what you can do to make you feel better when you are in the blue zone. When I am in the blue zone during the day, I like to spend time outside, it clears my head and helps me think straight again.

PE

LI: I am learning new skills.

Refer to the bottom of the grid to find your daily PE challenges.

Using the French schools fact sheet, below, and your knowledge of Scottish schools, complete the Venn diagram.

Challenge: Research your own differences between the two and include them in the Venn diagram.

*Similarities between the two schools go where the circles overlap, and differences in the separate circles.



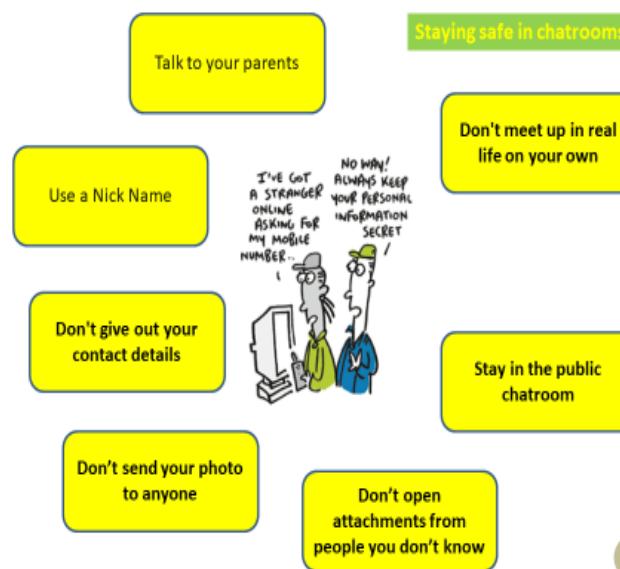


Cuiken Primary Home Learning Grid

Family Learning	Learning Across the Curriculum	Learning Across the Curriculum
<p>Dance and giggle Choose one of your favourite songs and make up a dance. Teach it to the people in your home. Tweet us or share on Google Classroom a short clip of your performance.</p> <p>Movie night Set up a home cinema, watch a family movie and discuss your favourite part at the end!</p> <p><input data-bbox="527 806 595 878" type="checkbox"/></p>	<p>Internet Safety</p> <p>Social Media</p> <p><i>LI: I am learning to know how to stay safe online.</i> <i>LI: I am learning to understand how to keep in control of your electronic profile.</i></p> <p>The problems with chat rooms</p>  <p>"I MET SOMEONE WONDERFUL IN A CHAT ROOM... AND THEN I FOUND OUT SHE'S A CAT!"</p>	<p>Music <i>LI: I am learning to develop a performance from a rhythmic sequence.</i> Learn the cup song (youtube), using what you have learned create your own rhythms, using cups. Tweet them or share on Google Classroom and we can all learn each other's.</p> <p>https://www.youtube.com/watch?v=5bqjTVGnIBg</p> <p>RME <i>LI: I am learning about different world religions.</i> For each of the following world religions, I would like you to research the name of their followers, place of worship, name of the holy book, a symbol of each and some of the religious beliefs (a minimum of 4).</p> <p>Islam Judaism Buddhism Hinduism Sikhism</p> <p>See below for an example</p>



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Task 1:
Create a mind map or a list of all the dangers online.

Task 2:
Complete the worksheet on minimum ages for social media platforms. Estimate independently then use the answers to compare to your estimations. Complete the questions at the end of the answers PowerPoint. **The answers will only be available of Google Classroom**

Passwords

LI: I am learning to use technology safely, respectfully and responsibly.

Using strong passwords and not using the same password for more than one account is extremely important, to keep your online accounts safe.



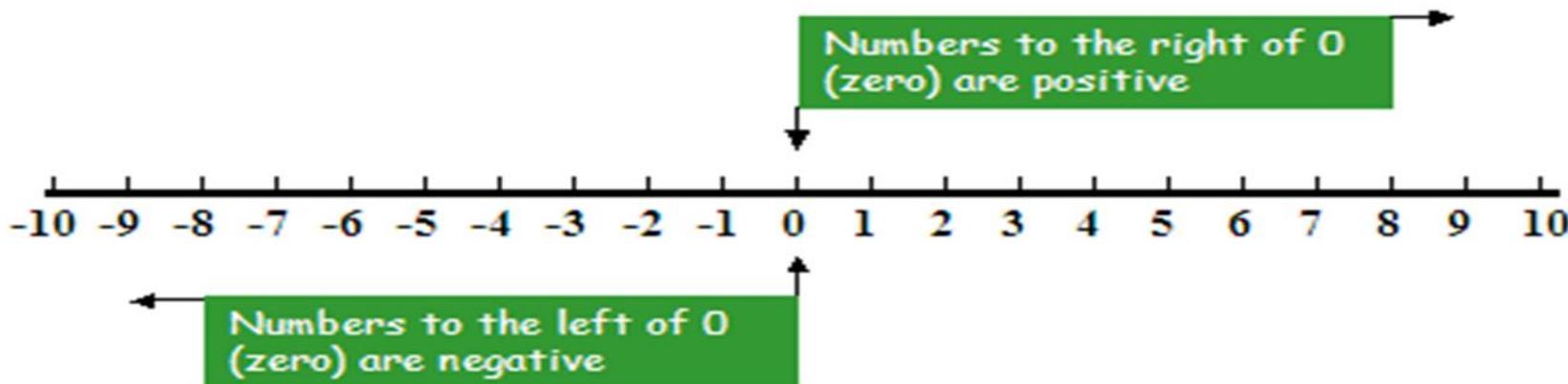
Cuiken Primary Home Learning Grid

	<p>Complete the worksheet on Perfect Passwords. If you would like to check what makes a password strong, use the link below.</p> <p>https://www.my1login.com/resources/password-strength-test/</p> <p style="text-align: center;"><input type="checkbox"/></p>	
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Complete each activity on the grid – these can be completed in Green Jotter you were given.



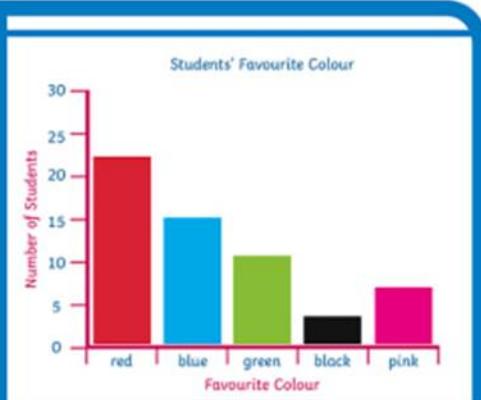
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Bar Graph

A bar graph clearly displays results and information.

The number of items is shown on the y axis, which is vertical.



Types of items are shown on the x axis, which is horizontal.



ink saving Eco



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Religion: Christianity

Followers Christians.

Place of worship: Church

Holy book: Bible

Beliefs:

- The Holy Trinity - there is only one God, but that God is God the Father, God the Son and The Holy Spirit
- God created the world
- God sent his Son, Jesus Christ, to save humanity from their sins
- Jesus was tortured, died, then rose from the dead after his crucifixion
- The Ten Commandments - given by God to Moses and written in the Bible



Comprehension

Mild



Cuiken Primary Home Learning Grid

Internet Safety Day

What is Internet Safety Day all about?

Internet Safety Day started in 2005 and it now happens in over 100 countries worldwide.

The theme this year is 'Be the Change: Unite for a Better Internet'. It is about making people aware of online safety issues.



The UK Safer Internet Centre

The UK Safer Internet Centre has one mission: to help young people use the Internet properly and keep themselves safe by making good choices online.



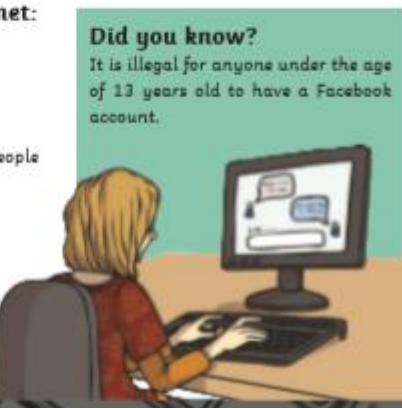
How can children be kept safe?

The Internet is like a huge door to the outside world. This means there are a lot of strangers out there.

Following rules for using the Internet will help keep us all safe.

Some uses of the Internet:

- gaming
- shopping
- learning new things
- reading about famous people
- booking tickets
- chatting to friends



Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.

Rules for using the Internet

Never share your personal details online. If you were next to a stranger on the bus, you wouldn't tell them where you live or your phone number. Don't tell people these things online. Even if you think you have got to know them through emails or 'chatting', they are still a stranger.



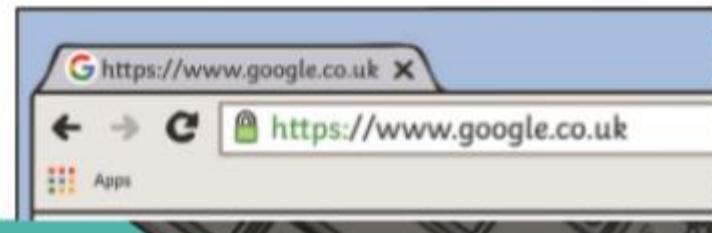
Never meet anyone who you have 'met' online, without an adult going with you. It is very dangerous!

If someone is nasty to you online, tell an adult. You do not have to put up with anything which makes you sad or worried. This is the same as face-to-face bullying but online. It can make you feel frightened and upset.

Tell an adult as soon as you can!



The Internet can be brilliant; it can also be dangerous. Stay safe online and make the right choices.





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Questions

1. How many countries are involved in Internet Safety Day?

2. What is the theme this year?

Internet Safety Day

3. What is one part of the mission in the UK?

6. What word in rule number one means 'a person you do not know'?

4. Which two uses on the list, do you use the Internet for?

7. What should you do if someone is nasty to you online?

5. What is it illegal to do online under the age of 13 years old?

8. What do you need to do to stay safe online?

Medium



Cuiken Primary Home Learning Grid

Internet Safety Day

What is Internet Safety Day all about?

Internet Safety Day has been happening since 2005 in over 100 countries worldwide.

The theme this year is 'Be the Change: Unite for a Better Internet'. Generally, if people stick together, report bad use of the Internet and look after each other, the Internet can be a safe place. The day is concerned with making people aware of online safety issues.

The UK Safer Internet Centre

The UK Safer Internet Centre has one mission: to promote the safe and responsible use of technology for young people. The aim is to make children and young people aware of how to use the Internet safely by making good choices and being responsible online.



How can children be kept safe?

What does 'staying safe' on the Internet mean? The Internet is like a huge door to the outside world and this means there are a lot of strangers out there.

There are some rules which everyone should follow so they make responsible choices and stay safe online.

Some uses of the Internet:

- gaming
- shopping
- learning new information
- reading about celebrities



Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



Rules for using the Internet

Never share your personal information online. If you were next to a stranger on the bus, you wouldn't suddenly turn to them and tell them where you live or your phone number. So don't pass this sort of information onto someone online. No matter how long you have been 'chatting' to someone, they might not be who they say they are. This means they are still a stranger.

Don't open an attachment sent to you in an email. It could be a virus, which will damage your computer.

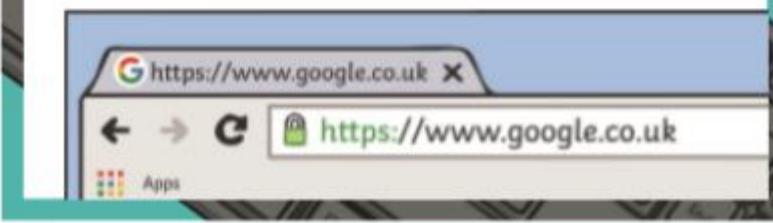
Is it safe?



Never meet anyone without an adult coming with you. Even if you have been in contact with someone online for some time, meeting them in person on your own is very dangerous. Not everyone can be trusted.

If someone is nasty to you online, or you see something upsetting, tell an adult. You do not have to put up with anything which makes you sad or worried. This is called cyberbullying, and is the same as being bullied face to face - it's just online. It can still make you feel frightened and miserable. Let an adult know straight away!

We can all help make the Internet a safer place. It is a wonderful tool if used properly. However, if it is misused, it can be dangerous. Make the right choices and stay safe online.





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Questions

1. When did Internet Safety Day begin?

2. What is the theme this year, and what do you think it means?

→ Rectangular Snip

3. Explain what "promote the safe and responsible use of technology for young people" means.

4. In the box, there is a list of some of the uses people have for the Internet.
Think of one more use.

5. Why should you not give personal information about yourself to someone on the Internet?

6. What might happen if you open an attachment with a virus on it?

→ Rectangular Snip

7. What should you do if you are being 'cyberbullied'?

8. What is the general message of this text?

Hot



Cuiken Primary Home Learning Grid

Internet Safety Day

What is Internet Safety Day all about?

Internet Safety Day has been marked each year since 2005, in over 100 countries worldwide.



The theme this year is 'Be the Change: Unite for a Better Internet'. It aims to raise awareness of online safety issues and events and activities are happening all across the UK.

The UK Safer Internet Centre

The UK Safer Internet Centre is coordinated by three leading charities: Childnet International, the South West Grid for Learning and Internet Watch Foundation. The centre has one mission: to promote the safe and responsible use of technology for young people. The aim is that children and young people are aware of how to use the Internet safely and responsibly, making good choices and keeping themselves safe.



How can children be kept safe?

It sounds strange to talk about not being 'safe' on the Internet when we are often at home using different devices. However, the Internet is like a huge door to the outside world. This means there are an unimaginable number of strangers out there.

There are some rules which everyone should follow. These rules allow people to make responsible choices and stay safe online.

Some uses of the Internet:

- gaming
- shopping
- learning new information



Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



Internet Safety Day

Never share your personal details online. You wouldn't suddenly tell a person you didn't know what school you go to or what your phone number is, so don't pass this sort of information on to someone online. No matter how long you have been 'chatting' or emailing someone, they might not be the person they say they are. They must be treated as a stranger.



Don't open any attachment on an email. It could be a virus, which will damage your computer or affect your contact list. It could then be sent to everyone you know, harming their devices too.

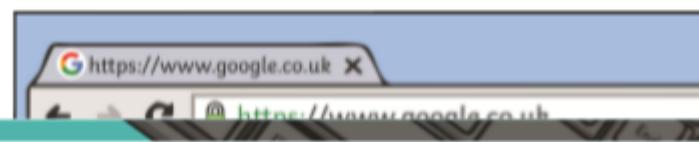
Block any emails from people you don't recognise. Just because they might use your name, if you don't recognise their name, delete and block them.

Never meet anyone without an adult with you. Even if you have been in contact with someone online, meeting them in person on your own is very dangerous. Not everyone can be trusted.

If someone is nasty to you, or about you, online, or you see something upsetting, tell an adult. You do not have to put up with unpleasant behaviour, and bullying online (cyberbullying). Cyberbullying is just as upsetting as face-to-face bullying. Don't be tempted to reply to them. Inform an adult immediately!



We can all help make the Internet a safer place. It is a wonderful tool for many reasons, and can make life a lot easier. However, if it is misused, it can be dangerous and worrying. Make the right choices and stay safe online.





Cuiken Primary Home Learning Grid

Questions

1. When did Internet Safety Day begin?

2. In your own words, describe the two overall aims of the UK Safer Internet Centre.

3. In the box there are listed some uses of the Internet. Identify two other uses.

4. What does the author compare the Internet to? What do you think of this description?

5. What two pieces of information would be considered personal details?

6. Describe the effects of opening an attachment that has a virus.

7. Explain what rule number three is about.

* Rectangular Snip

8. Describe, in detail, what the sentence "Not everyone can be trusted" means.

9. What is the overall purpose of the text, and what is the general message to children?

10. What is cyberbullying and what should you do about it?



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Alliteration

Alphabet Alliteration

Can you find an object in your house or garden starting with each letter of the alphabet?

Think of an adjective for each object starting with the same letter. This is called **alliteration**.

The first one has been done to help you.

A Amazing apron N _____

B _____ O _____

C _____ P _____

D _____ Q _____

E _____ R _____

F _____ S _____

G _____ T _____

H _____ U _____

I _____ V _____

J _____ W _____

K _____ X _____

L _____ Y _____

M _____ Z _____





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French



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French Schools Facts



The French school year starts in early September.



Children start school at the age of 6.

The school week is 24 hours long and is spread over four, four and a half, or five days (depending on the region you live in).

Some schools close on Wednesdays or have a half day.

The average school day is from 8:30am until 4:30pm.



Lunchtime in French schools last between one and a half to two hours.



Children can have lunch in the canteen or go home. They do not bring a packed lunch.



State education is free but parents must provide all stationery and textbooks.

The children do not have school uniforms.



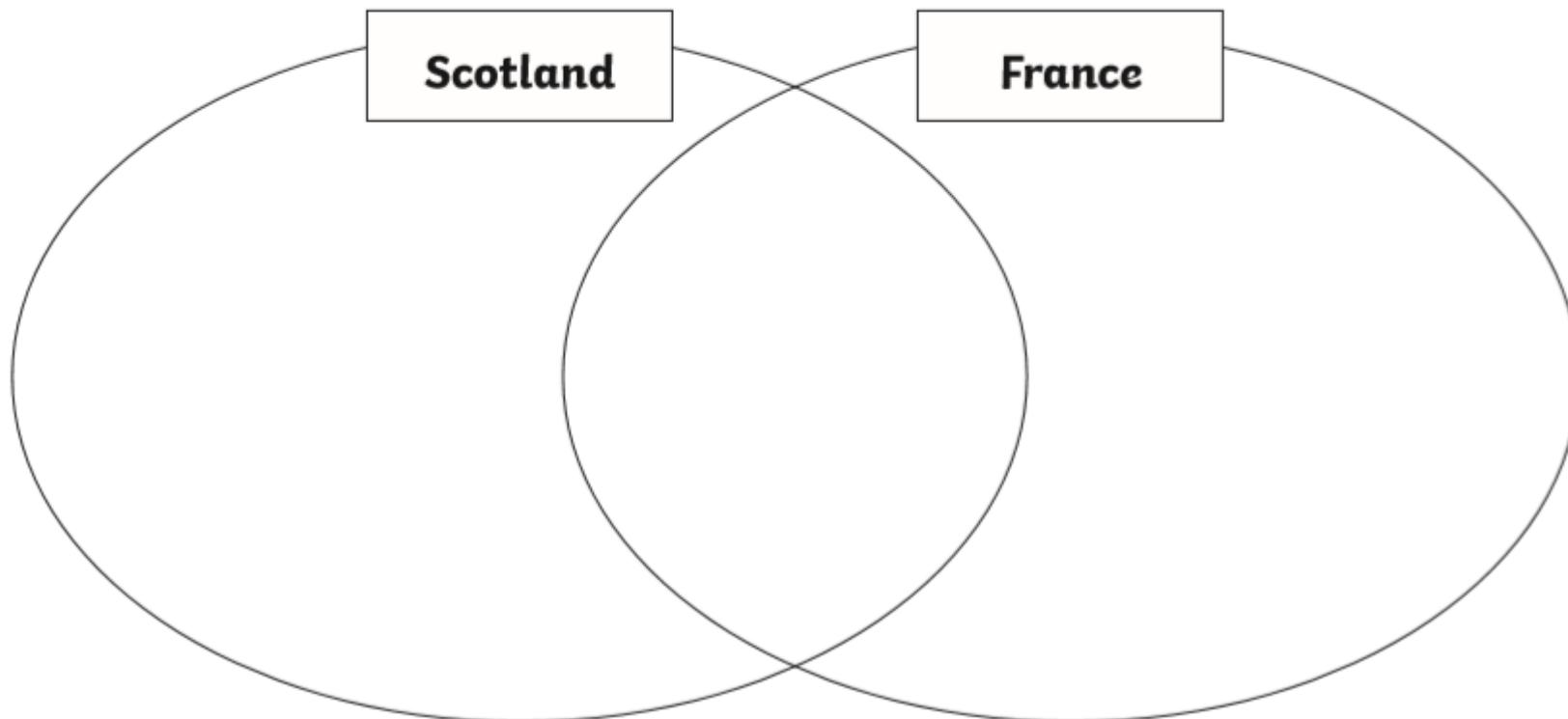


Cuiken Primary Home Learning Grid

Schooling Comparison

Venn Diagram

Can you use your facts about schools in France to compare them with schooling in Scotland? Record their similarities and differences on this Venn diagram.



Positive Thoughts



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Making Negative Thoughts into Positive Thoughts

Often, we think negatively about a situation or an event that has happened or is about to happen. When we think negatively, we are likely to carry on thinking negatively, which helps to make the thought more powerful. When this happens, it is really difficult to find positive thoughts. This can lead to a one-sided view of a situation or event which is often not a true judgement.

Please complete the table below so you can see how you can change negative thoughts into positive thoughts.

Negative Thoughts	Positive Thoughts
My friends don't like me anymore because I can't go to the party on Saturday night.	Some of my friends can't go to the party either so we could meet up on Sunday instead. _____
I am not good at maths because I only got 16 out of 20 correct in my test.	_____
I don't want to move house as I won't make any new friends and I will be lonely.	_____
My new school won't be as good as my current school.	_____

Social Media and Perfect Passwords



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Perfect Passwords

Social Media Logo.	Name.	Estimate age to use.	Actual Age to use.

I can use technology safely, respectfully and responsibly.

Being safe online is very important. Lots of websites ask you to set up a password.

What makes a good password?

Include numbers, letters and symbols.

Use at least one capital letter.

Make it something that you will remember but others cannot guess.

Make it at least 8 characters long.

Never use obvious names or dates.

Don't share your password with friends.



Ella is 9. She goes to Longmead Primary School. She lives at 9 Brook Close. She enjoys playing football and netball. Her favourite team is Arsenal. At home she has two dogs called Charlie and Chimp.

Ella's perfect password:



Mia is 13 and attends Brixbay Secondary School in Devon. She makes jewellery and likes knitting and sewing. She likes shopping with her friends at the weekend. She has a grey cat called Pixie.

Mia's perfect password:



Amir is 10. His birthday is in March. He goes to Fairfield Junior School in Leeds. He belongs to Fairfield Athletic Club and is very good at long jump. His favourite colour is blue. He lives with his two brothers.

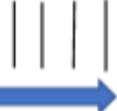
Amir's perfect password:

What about you? What would your perfect password look like? Follow the rules to create your own strong password. Enter it into a password checker website and see how strong your password is. Remember, don't tell anyone your idea for a password!



Cuiken Primary Home Learning Grid

PE ACTIVITY GRID FOR SECOND LEVEL

Monday	Tuesday	Wednesday	Thursday	Friday
Agility Drills Set out an area using suitable materials e.g. rope, sticks, socks, dressing gown cords. Adjust the distance so that your feet can fit into the squares. 	Target Game You will need one A4 sheet of paper and an empty bowl (or similar). Scrunch up the A4 sheet of paper into a tight ball. Set your bowl on a flat surface a short distance from you and see if you can throw the paper ball into the bowl. Every time you manage to get 3 in a row you can move the bowl further away! Challenge someone else in your house.	Boccia Seated bowls for 1-4 players. Be creative if you don't have balls, rolled up socks or scrunched up paper can be used. Who can get closest to the target? Simple rules at: http://www.basketsparts.com/index.php/en/about-boccia/short-boccie-rules	Pupil Choice Choose an activity that you would like to do. From practicing and consolidating a PE skill to getting out and about for a walk, cycle or a run. Who can get closest to the target? Simple rules at: http://www.basketsparts.com/index.php/en/about-boccia/short-boccie-rules	Keepie Uppie What have you got lying around your house? A ball, a balloon? Can you keep the item off the floor using your hands and/or feet? Keep note of your best score and challenge someone else in your house to 'have a go'.
Make up as many agility drills as you can travelling from 1 side to the other. E.G. run, jump, sidestep, 1 foot followed by another in each space. Design a routine to follow and time yourself and others.				

PE Home Learning Activities- Further Information & Guidance

Agility Drills (E&O-HWB 2-22aPE SAL- Rhythm & Timing and Speed)

Using materials from the house agility drills are used in the aim of improving sports agility, which is the ability to change direction and accelerate while in motion in addition to strengthening joints, ligaments and tendons. Remember to maintain your balance by keeping your weight over your toes and that slow and correct is better than fast and wrong. Check out you tube How to use an agility ladder for ideas.

Target Game (E&O-HWB 2-21aPE SAL- Determination and Resilience)

Learning new skills during a PE lesson and working on harder skills which require accuracy, timing, coordination, fluency and fine gross and fine motor skills can sometimes be daunting. However, through wanting to achieve an end goal and continuing to practice these skills you reach a stage where you can perform the skill with consistency and accuracy without any effort.

Boccia (E&O – HWB 2-21a PE SAL – Decision Making)

Boccia (seated bowls) is a Paralympic sport which is played around the world. The 'home learning' version can be adapted to suit your home and the boccia balls can be substituted for a range of items (balls of paper, rolled up socks, potatoes, etc.). The rules on the link are a rough guide but feel free to make your own. Using a marker in place of a 'jack' can be an easy way of playing.

Pupil Choice (E&O – HWB 2-25a PE SAL – Responsibility & Leadership)

Each home setting provides different opportunities for PE activities. As part of home learning, pupils are encouraged to plan and create games and training stations that challenge and consolidate their skills. This can include performing a range of shots towards a basketball hoop, timing a cycle around a pre-planned route or creating a challenge activity in your back garden.

Keepie Uppie (E&O – HWB 2-21a PE SAL – Gross & Fine Motor Skills)

Using an item of your choice, can you perform keepie uppies by using different parts of your body? You may wish to just use your hands or feet, but the rule is to keep the object from touching the ground. It doesn't have to be a ball – lighter objects like balloons give you greater moving and thinking time. Keep your highest score before the object drops and even set yourself time challenges.