## Confident Understood Inspired Kind Engaged Nurtured

Be Safe, Be Kind, Aim High

## **CUIKEN PRIMARY SCHOOL**

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Penicuik

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Midlothian Council Education Division



## Health Week 2019 13th May-17th May WE NEED YOU!

We will be holding our health week from 13<sup>th</sup>-17<sup>th</sup> May and we are looking for members of our Cuiken Family to help us.

Do you have a skill related to health and wellbeing that can be shared with the school community? Dancing, cooking, fitness, meditation, yoga, gardening, football, rugby... THE LIST IS ENDLESS.

If so could you please return the slip below and we will be in touch to arrange the finer details.

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Name of pupil:	
Name of grown-up:	
Health and Wellbeing skill/interest/talent:	