

# World Book Day



## Celebrating World Book Day Across the Week

WORLD  
BOOK  
DAY  
4 MARCH 2021

Monday 1<sup>st</sup> – Friday 5<sup>th</sup> March

- ☐ Celebrating Reading
- ☐ P1-3 World Book Day Learning Grid
- ☐ P4-P7 World Book Day Learning Grid
- ☐ The Masked Reader online each day
- ☐ Author's Live Events
- ☐ Enter World Book Day National Competitions

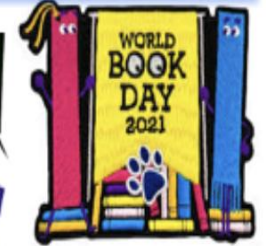
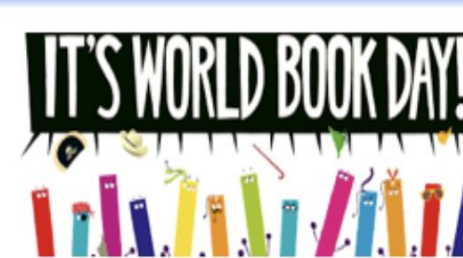
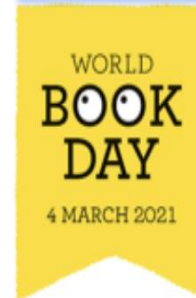


## The Masked Reader 1<sup>st</sup> – 5<sup>th</sup> March

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- ☐ 'The Masked Reader' will be shared online each day
- ☐ Can you guess which Burnbrae adult is the reader behind the mask?
- ☐ Masked Reader Reveal from 2.30pm each day
- ☐ Watch the trailer below

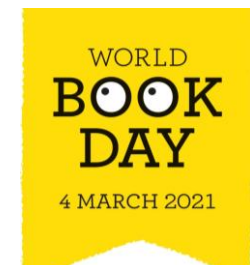
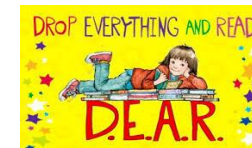
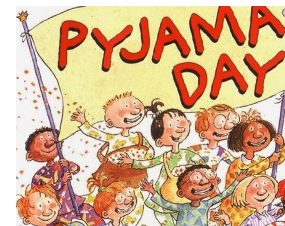
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## Thursday 4<sup>th</sup> March



- ☐ Celebrating Reading
- ☐ Dress down in your Pyjama's at school or at home
- ☐ DEAR (Drop Everything and Read) at set times across the day: 10.00, 11.30 and 2.45



## Bringing Books To Life

Competition Week 2 (1-7 Mar)

**Bringing Books To Life** - this week we want you to show us how you bring your favourite books to life. Are reading together with a potato or wooden spoon transformed into your favourite book character, or with your favourite book in a bottle or shoe box? Or, are you reading dressed up like someone from a book? Let your imagination run wild! To get you inspired, we have fun dress-up ideas that will let you embody your favourite character with costumes that you can easily make together at home.

THE PRIZES are a **£100 National Book Token per school/nursery** to boost your library and a **£100 National Book Token per family, per week** with the best pictures featured in our online gallery.  
<https://www.worldbookday.com/show-your-shares/>

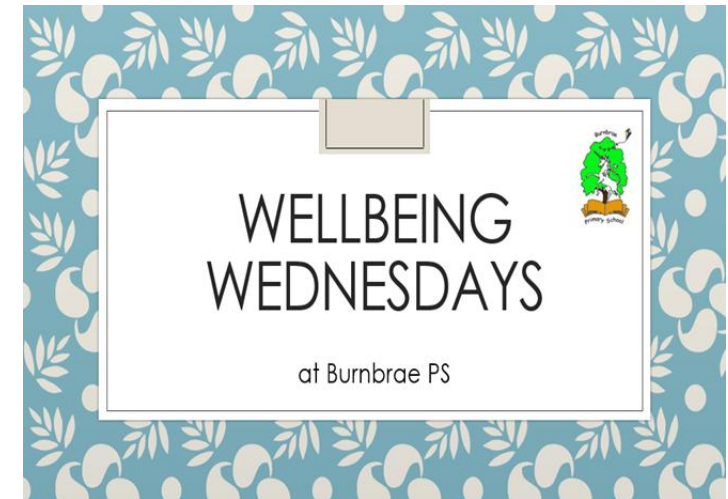
## World Book Day 2021 £1 Books

The £1 book tokens can then be swapped for one of the exclusive, new and completely FREE World Book Day books available from participating booksellers or used to get **£1 off** any full price book or audiobook instead (as long as the book or audiobook costs at least £2.99. The World Book Day £1 books are a gift from booksellers, who fully fund the cost of the £1 book token redemptions. The £1 books are also available in braille, large print & audio via Guide Dogs and RNIB.



<https://www.worldbookday.com/books/>

## Wellbeing Wednesdays



## What is 'Wellbeing Wednesday'?

**Every Wednesday we will have a focus on:**

- Exercise and wellbeing
- Mindfulness & Self care
- Trying New Things 'Have a go!'

The expectation is that you spend some learning time on Wednesday focusing on wellbeing activities.

**Have a look at our Support for Learning Grid for lots of wellbeing activities!**



Wellbeing  
Wednesday

## Things you can do to help clear your head

The Scottish Government has launched the '**Clear Your Head**' campaign, which highlights practical things that you can do to look after your mental health and wellbeing whilst continuing to stay at home.



The campaign website, [clearyourhead.scot](https://clearyourhead.scot) provides tips which are focused around the following:

- **Keeping to a routine** - trying to sleep and wake at the same time and eating at regular times.
- **Moving more** - staying active, within the current guidance, to boost your mood.
- **Taking a break** - limiting exposure to the news on social media if you feel things are getting on top of you. Try using fun games, quizzes and apps online instead to pass the time.
- **Making time for yourself** - simply taking a breather or doing something you enjoy.
- **Keeping in touch** - phoning family and friends to ease worry and feel connected.

### Mindfulness Weekly Pebble



#### Slow Down

Try to spend a few moments each day living at a slower pace. Instead of allowing your mind to be two steps ahead of you all the time, thinking about what you're going to do next, stop and focus on what you're doing right now—and slow down a bit.

Choose something you do daily, such as drinking a cup of tea, and make it your 'slowing down' practice for the week.

Notice the temperature of the cup in your hands and breathe in the scent of your drink before you take a sip. As you drink, focus on the flavour and warmth of the liquid. Enjoy taking time to savour the present moment.

*"Drink your tea slowly and reverently, as if it is the axis on which the earth revolves - slowly, evenly, without rushing toward the future"* Thich Nhat Hanh

## CALMING STRATEGIES FOR ADULTS

Big Life Journal



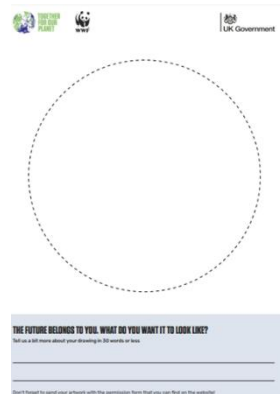
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## Creative Earth Art



Later this year, one of the most important climate conferences in history will take place in Glasgow. This fantastic competition gives you the chance to contribute creatively. Download the [Creative Earth template](#) - or simply draw a circle on an A4 sheet of paper. Then, create your vision of the future to share with world leaders at the COP26 Conference.



There are no rules, apart from the fact that you must put your entire picture inside the template. This is your opportunity to show your view of our future planet! There are different age groups, meaning everyone can get involved. You can [enter here](#).



## Mindful March

Action for Happiness's theme for this month is 'Mindful March'. Take the time to pause, breathe and really take in what is all around and within you. Learning to be more mindful and aware can do wonders for your well-being in all areas of life - like the way you eat, the things you notice or your relationships. It helps you get in tune with your feelings and stops you dwelling on the past or worrying about the future so you get more out of the day-to-day. It can also help you identify what you are grateful for which has been proven to help boost your happiness levels!



Download the March calendar [here](#).

## Life is Made of Seconds

Imagine a film that includes every day of the rest of your life!

Life is full of memories and experiences. But how do you remember each one? Perhaps you keep a diary. Maybe you take a photo of important moments.



This [spellbinding](#) app invites you to take a short one-second video every day. It then stitches the clips together, turning your life into a beautiful personal film. You can use it to document life at home or maybe track a particular spot by taking a shot of the same place every day. Have fun creating the film of your life!

### Make a Sound Map

Making a sound map is a really simple activity. It is a very calming thing to do and encourages you to be more mindful. You can do it in a noisy town environment as well as in a quiet spot.



All you need is a piece of paper and a pencil. Simply find a spot outside to sit and listen. This could be on a walk or in your garden if you have one. Then mark yourself in the middle of the piece of paper. You could use a cross or a picture of yourself. Next listen carefully to what sounds are around you and mark them onto your map. There is no right or wrong way to do this. You might use squiggles, shapes, sketches or doodles. Whatever works for you. Finally decorate your sound map in any way you choose. Happy listening!

### Connected Kids



### Sleepy Bubbles

Sometimes we all find it difficult to get to sleep. Have a go at this guided meditation by Chris Maxwell at Connected Kids to help lull you into a deep, soothing sleep.



<https://insighttimer.com/mindfuliveschris/guided-meditations/sleepy-bubbles-meditation-for-kids>

### Rainbow Nature Hunt

Whilst out on a walk see if you can find something in nature for every colour of the rainbow. You might be surprised to see what colourful things you can still find in the Winter!

You could make a colour wheel to put your items on or take photographs and make a collage of your colourful nature treasures instead!



*"When it rains look for rainbows. When it's dark look for stars"*

**Read Write Inc.**

Phonics - Read Write Inc. Free Daily Virtual Read Write Inc. Phonics lessons at home during school closures. Phonics lessons on YouTube for children to watch at home. One lesson at each level will show at 9.30 am each day and be available for 24 hours.

Monday 1st March

Set 1 - d  
Set 2 - ou  
Set 3 - ea (Set 3 restarts)  
Reading longer words - ow/ o -e/ oa

Tuesday 2nd March

Set 1 - t  
Set 2 - oy  
Set 3 - oi  
Reading longer words - oo/ u-e/ ew

Wednesday 3rd March

Set 1 - i  
Set 2 - ay (Set 2 restarts)  
Set 3 - a-e  
Reading longer words - or/ aw

Thursday 4th March

Set 1 - n  
Set 2 - ee  
Set 3 - i-e  
Reading longer words - air/ are

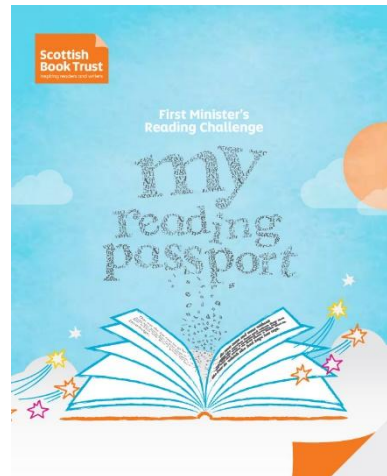
Friday 5th March

Set 1 - p  
Set 2 - igh  
Set 3 - o-e  
Reading longer words - ir/ ur/ er

**First Minister's Reading Challenge**

Remember:

Use your Reading Passport to keep track of your reading. You can record the books you read and set yourself reading challenges.

**Literacy Dares**

- Design an alternative book cover
- Read the ending first in the next book you'll read
- Make your own reading den and take a photo of it
- Read instead of watching TV for a week
- Write to an author whose work you enjoy
- Recommend a book to a family member

**Challenge:**

Think you can do better? Share on Teams your most inventive dares that you come up with to challenge your teachers and friends!

**DEAR 'Drop Everything and Read'**

D.E.A.R. stands for "Drop Everything and Read," a celebration of **reading** designed to remind families and communities to make **reading** a priority activity in their lives.



## Numeracy at Home

## Early Level

- Look out for all numbers you see around the house.
- Play board games which need the use of dice e.g. ludo or snakes and ladders.
- Point out the time on the clock, particularly at breakfast, dinner or bedtime.

## First and Second Level

- Estimate and take their own, your and other family members measurements - height, weight, shoe size.
- Play games which involve calculating scores e.g. board games or online games.
- Allow your child to be in charge of setting the timer while you cook together, this will develop skills in estimating time and provide opportunities for calculating time durations

## Basic Facts

Doubles to 10	Subtraction Facts
<b>Hit the Button</b> Visit the Top Marks website or download the Top Marks App. Play 'Hit the Button' with doubles.	<b>Number Bonds</b> Have a partner give you a number between 0 - 20. What number would you need to add to it to make the number 20? EXAMPLE: What do you add to 18 to make 20?
<b>Memory Game</b> Make number cards to 20. Place them upside down and play the memory game making number bonds to 20.	<b>Hit the Button</b> Visit the Top Marks website or download the Top Marks App. Play 'Hit the Button' with subtraction.
Addition and Subtraction	Times Table Facts
<b>Daily Rigour:</b> Visit the Daily Rigour website. Can you complete the problem solving tasks for the week in FIRST LEVEL?	<b>Colourful Tables</b> Write out all your numbers to 100 and colour the 2 - 10 times table stations in different colours.
<b>Rigour Maths Calendar:</b> Can you complete the First Level Calendar?	<b>Rigour Maths Calendar:</b> Can you complete the Second Level Calendar?
Multiplication & Division Facts	Multiples for all numbers
<b>Rigour Maths Calendar:</b> Can you complete the Second Level Calendar?	<b>Daily Rigour:</b> Visit the Daily Rigour website. Can you complete the problem solving tasks for the week?
<b>Daily Rigour:</b> Visit the Daily Rigour website. Can you complete the problem solving tasks for the week?	<b>Rigour Maths Calendar:</b> Can you complete the Second Level Calendar?

## March Rigour Maths

March CfE 1st Level Calendar									
#abitofmathseveryday									
2 Write the number 3004 in words	3 Today is National I want you to be happy! Can you draw a face that is happy?	4 Write these numbers in order from the smallest to the biggest: 111, 11, 1111, 1	5 How many days are there in July?	6 Write the line shown here in words	7 Calculate $3 \times 6$	8 Can you name this 3D object?	9 Calculate $99 \times 10$	10 What number is 500 less than 1200?	11 In the number 123 456 what does the 3 stand for?
14 Round £3.14 to the nearest pound	15 How many 20p's are there in £6?	16 $33 - 17$	17 Today is St. Patrick's Day. Do you know which country has the flag of this flag?	18 What is the name of this 2D shape?	19 $34 \times 8$	20 Calculate $45 \div 5$	21 Write the next two numbers in this sequence: 3, 6, 9, 12, ...	22 Is this statement true or false? $1 > 2$	23 Today is National Happy Day. Did you know that people sleep for 10 hours every day? How many hours sleep is this per week?
26 Write the following in 24 hour time: 12:28 pm	27 $2 \quad 5 \quad 4$	28 On the map, what direction would you travel in to get to the shop?	29 Write the 29th of March 1984 as numbers only	30 Today is National Sorry Day. Do you know what sorry means?	31 Which is bigger? $4 \times 4$ or $15 \div 3$	32 Calculate the area of the rectangle below: 4 cm, 3 cm	33 Calculate 10% of £57	34 Write 30 709 in words	35 Which of these are multiples of 10? 30, 55, 60, 75, 80

You can download our CfE 1st Level calendar above. Click [here](#) to view the answers.

March CfE 2nd Level Calendar									
#abitofmathseveryday									
2 $1986 + 597$	3 What is the name of this shape? How many sides does it have? How many corners does it have?	4 Calculate 10% of £57	5 Calculate the area of the rectangle below: 4 cm, 3 cm	6 Write 30 709 in words	7 Which of these are multiples of 10? 30, 55, 60, 75, 80	8 Calculate $3 \times 7 \times 8$	9 Calculate the perimeter of this shape.	10 How many lines of symmetry does this shape have?	11 Lines a table like this. How many lines of symmetry does it have? 124°, 237°, 90°, 55°, 180°
14 Change 314 seconds into minutes and seconds.	15 Solve the equation below: $7x = 98$	16 $87 \div 65$ $- 12 \div 34$	17 Which of these are factors of 36? 1, 3, 8, 9, 10, 12	18 Calculate the missing angle.	19 What is the name of this 3D object? How many faces does it have?	20 $274 \times 5$	21 Write down the next two numbers in the sequence below: 13, 9, 5, 1, ...	22 Calculate $\frac{3}{4}$ of 32	23 Simplify the fraction below: $\frac{36}{36}$
26 Write down the missing numbers from this number line: -32, -24, -16, -8, 0, 8	27 Write down the next two numbers in the sequence below: 13, 9, 5, 1, ...	28 Calculate $\frac{3}{4}$ of 32	29 What is the area of the rectangle below: 4 cm, 3 cm	30 Calculate: $63 \times 200$	31 What fraction of this shape is shaded?	32 Calculate the volume of this shape.	33 Calculate: $8 \quad 9 \quad 3 \quad 9 \quad 2$	34 Calculate: $63 \times 200$	35 What fraction of this shape is shaded?

You can download our CfE 2nd Level calendar above. Click [here](#) to view the answers.

## World Book Day Maths

Word counts

Estimate the number of words on the page, then count the number of words on the first page of the book that you select. Can you demonstrate an estimation strategy - counting the number of words on a line, multiplying that amount by the number of lines of page 1.

