

Primary 1 - 15.02.21 - Other Curricular Areas- Learning from Home



Tuesday

Social Subjects ★

Teach Outdoors have come up with some great suggestions for getting outdoors this week. Have a go and look out for signs of spring!



Science

Clean up your patch of earth. Go out for a walk in your area, collect litter that has been dropped and put in the bin. Don't forget a pair of gloves and a rubbish bag.



Wednesday

Health and Wellbeing ★ Stay Positive

Positivity Rocks! Can you decorate a stone or a rock with a positive message.

When you go out on your daily walk with your family or out in your garden can you find a rock or stone to decorate? Once you have found a stone, can you decorate it with positive colours, pictures or words?

Upload your stone or pebble to teams to let us see ☺



Thursday

RME

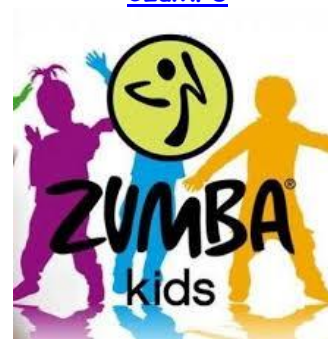
Thank a community hero. Think of someone that helps you in some way and draw a picture to thank them ☺



Dance

Dance along with Zumba kids to 'Better when I'm dancing' ☺

<https://www.youtube.com/watch?v=rQwyMCzuMF8>



Everyday Tasks

Health and Wellbeing

Jo Wicks

Join in with Joe Wicks PE on Mondays, Wednesdays and Fridays at 9am to start the day. You could even get your family members to join in! Post some pictures for us if you can, we would love to see you taking part.

<https://www.youtube.com/user/thebodycoach1>



Cosmic Kids

Pick a cosmic kids yoga adventure to go on ☺

<https://www.youtube.com/c/CosmicKidsYoga/featured>

