

# Home Learning: Week beginning February 1<sup>st</sup> 2021



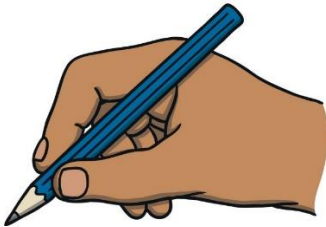
	<u>Literacy</u>	<u>Numeracy and Maths</u>	<u>Other</u>								
<b>Monday</b>	<p><u>Book for the week: Farmer Duck</u></p> <p><a href="#">[Read Aloud] Farmer Duck by Martin Waddell - YouTube</a></p> <p>Answer the following questions</p> <ol style="list-style-type: none"> <li>1. What did the farmer do all day?</li> <li>2. How was the duck feeling doing all of the work?</li> <li>3. Why did the other farm animals get upset?</li> <li>4. What happened to the farmer at the end of the story?</li> </ol>	<p><u>Time</u></p> <p>On a whiteboard, draw a clock face and all of the numbers.</p> <p>Remember your minute hand is the long hand and your hour hand is the short hand.</p> <p>Can you draw -</p> <ul style="list-style-type: none"> <li>• 1 o'clock?</li> <li>• 4 o'clock?</li> <li>• 9 o'clock?</li> </ul>	<p><u>Health and Well-being: Zones of Regulation</u></p> <p>The <b>ZONES</b> of Regulation®</p> <table border="1"> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td><b>BLUE ZONE</b> Sad Sick Tired Bored Moving Slowly</td> <td><b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Ready to Learn</td> <td><b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control</td> <td><b>RED ZONE</b> Mad/Angry Mean Terrified Yelling/Hitting Out of Control</td> </tr> </tbody> </table> <p>With help from an adult, identify what you could do to help yourself go from the blue zone to the green zone.</p> <p>Ask an adult to share your answers on Seesaw.</p>					<b>BLUE ZONE</b> Sad Sick Tired Bored Moving Slowly	<b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Ready to Learn	<b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control	<b>RED ZONE</b> Mad/Angry Mean Terrified Yelling/Hitting Out of Control
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Writing: Descriptive

Think of your favourite place to go, it could be the zoo, a theme park or somewhere you've been on holiday.

Create a leaflet that will tell others about this place. Remember to draw pictures and include relevant information describing the place. Your adult can write your information in highlighter and you can trace it.

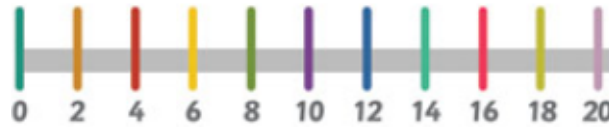
Remember your pincer grip!

Numbers

Counting in 2's

Using this song have a go at counting in 2's -  
[Count by 2](#) | [Dancing 2's](#) | [Skip Counting by 2](#) |  
[Count to 100](#) | [Educational Songs](#) | [Jack Hartmann - YouTube](#)

Write out a number line like below.



Challenge: What numbers are missing?

Cosmic Kids

Do you remember our story Farmer Duck?

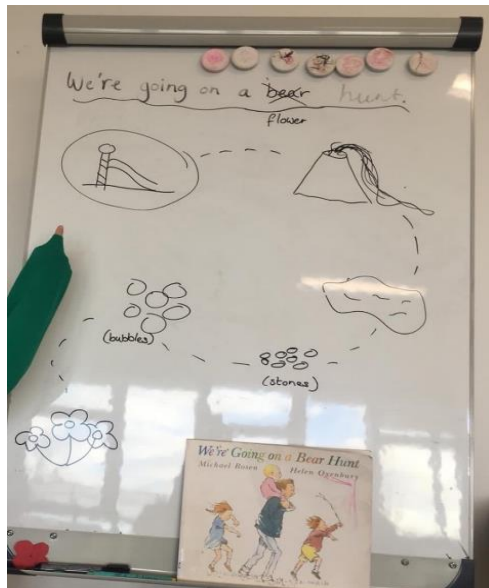
Have a go at some farm animal yoga -  
[Yoga Time!](#) | [On The Farm](#) | [Cosmic Kids - YouTube](#)

Using a story you already know, change details in it to make it your own.

Change the title, main characters and events in the story.

As you are telling your story, as an adult to draw a story map like the one below.

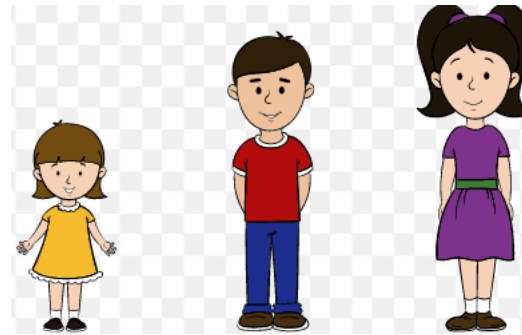
Remember to retell your story to your adult once you are finished.



### Measurement

Taller or shorter?

Pick three friends (or toys) and put them in order of who is shortest to tallest.



Who is the tallest?

Who is the shortest?

Where do you think you would be in the line?

### Health and Well-being: Sensory Circuits



Sensory circuits are special obstacle courses that we used to build upon a range of skills.

Make a circuit of your own (inside or outside!) and video you doing it!

Here are some examples of good obstacles below -

- Pillow jump
- Crawling
- Rolling a snowman
- Balancing



<p>Thursday</p>	<p><u>Sound of the week "A"</u></p> <p>This week our sound of the week is "a". It is the letter a and it makes an aaaaaah sounds when we read it in a word.</p> <p>Can you write your sound? Go around the apple and down the leaf</p>  <p>Here are your spelling words for this week, ask a parent to write them down and help you sound them out.</p> <ol style="list-style-type: none"> <li>1. pan</li> <li>2. ant</li> <li>3. van</li> <li>4. hat</li> <li>5. jam</li> </ol> <p><u>Challenge:</u> Can you use some of your spelling words in a sentence?</p>	<p><u>Money</u></p> <p>Using real or play money. Play shops with someone in school or at home.</p> <p>Remember to take turns of being the shop keeper and customer and if you are the shop keeper, remember to tell your customer how much your things are to buy.</p> <p>Use 1p, 2p, 5p and 10p coins to start with.</p> <p><u>Challenge:</u> Swap and use 20p, 50p, £1 and £2 coins</p>	<p><u>Health and Well-being - PE</u></p> <p>Using the chart below, make your name and do the exercise for each letter.</p> <p><b>Alphabet Exercise</b></p>  <p>A arm rolls   B butterfly legs   C crab walk   D duck walk   E elephant trunk swing   F frog hops</p> <p>G giant leaps   H high knees   I incline climb   J jumping jacks   K knee squats   L lunges   M mega jumps</p> <p>N neck rolls   O overhead stretches   P push ups   Q quad stretches   R run in place   S snake slither   T toe touches</p> <p>U under-over maze   V vertical wall taps   W windmills   X marks the spot exercise   Y yoga pose   Z zig zag run</p>
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<p><b>Friday</b></p>	<p>Ask an adult to read your favourite story and draw a picture for the front cover.</p> <p>Can you make up a new title for the story?</p> <p>Remember and write your name as the author.</p>	<p><u>Addition and Subtraction</u></p> <p>Using items from your resource pack, practice addition and subtracting using 10 marbles.</p>
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