

P5 Sports Day TASK

- Decide on a name for your Sports Day- you might want to include your family surname, street name or area that you live.
- Create a poster to advertise your Sports Day.
- Remember to include the date/time/location.
- Try to use 2 contrasting colours from the colour wheel to make your poster stand out.
- Decide on around 4 or 5 sporting activities you want to include in your event. You might want to consider what the weather forecast looks like for your chosen date!
- Write down your chosen activities and make a list of any equipment you need.
- Start to gather equipment. (With the permission of an adult.)
- Design number cards to be worn by the participants during the event. These should include your event name and the same colour scheme as your advertisement posters.
- Create medals or certificates to reward the winners of each event.
- Plan some healthy snacks for the participants to enjoy after the event.
- The athletes will also need plenty of water to keep them hydrated- you might want to make up some ice if you have bags or trays to do so!

