Expressive Arts – Loose Parts Art

On your daily walks, try to collect some natural materials such as sticks, leaves, pine cones or stones.

At home have a look out for some loose parts like bottle tops, lids, lollipop sticks or buttons.

Create a picture or a pattern using the loose parts that you have collected.

If you want to, you could make a more permanent decoration for your home or garden using loose parts.

Here is one idea:

- Cut a large shape out of cardboard, a heart shape or a star work well
- Collect lots of sticks of different shapes and sizes
- Make a strong glue paste using flour and water. If you don't have flour, you could use any strong glue (you might need an adult to help)
- Glue your sticks around the outline of your shape first
- Next, glue the rest of your sticks on the inside and fill your shape
- Leave your decoration to dry
- You can paint it when it is dry or leave it natural
- Your decoration can then be displayed anywhere around your home. If you want to display it in the garden, you will need to varnish it first so that the cardboard doesn't go soggy
- Be creative with your decoration; you don't need to use sticks. You can use any other loose parts

You could have a look at the examples attached for some ideas.

Try to take a photo of your loose parts art. We would love to see them!

P.E - Bowling

Can you set up a bowling lane?

Use any empty plastic bottles or cartons that you have. You can put water in the bottom of the bottles so that they don't blow over. You can roll or kick the ball towards the bottles.

How many did you knock down? You could get your family involved and keep a scorecard to see who the winner is.

Have fun!

IDL - Weather Wizard

Go outside (every day if you can) and think about how the weather makes you feel.

You can complete the attached table or record it in another way. I'll use this as evidence for our RSPB Wild Challenge Award.

Expressive Arts - Lydia Monks drawings

Lydia Monks is an author and illustrator, perhaps known best for her work with Julia Donaldson in books like, 'What the Ladybird Heard'.

She has some videos on YouTube to show you how she draws the characters in her books. There is one which shows you how to draw your grandparents. Since many of you will not be seeing your grandparents, I thought it would be nice to draw a picture of them, which you could post to them or send them a photograph of your picture electronically.

Here is the video:

https://www.youtube.com/watch?v=RU4uGHn0lk0

Success Criteria:

- Follow the instructions carefully, pausing the video when you need to
- Add in any detail that is particular to your own grandparents, such as their hair styles
- Add some details in the background like Lydia does
- Colour in your picture carefully

Please share your pictures, I would love to see them. There are lots of other videos e.g. how to draw a mermaid or a shark. If you feel like it, you can try these too!

P.E. - Fitness - Name Game

Using the sheet in the assignment, spell out your full name by carrying out the activity assigned to each letter.

If you have a short name or you are up for a challenge, spell out your middle name too.

Another day you could spell out other people in your family's name. Who has the hardest name?

Technology - Internet Safety

As the internet plays a bigger part in our lives, especially at the moment, it is very important we know how to keep ourselves safe.

I have attached a story and time to chat questions from

https://www.childnet.com/resources/smartie-the-penguin. I have saved it as a PDF to make it easier to open. Read this story with an adult and talk through the questions.

For two more stories, you can read about DigiDuck:

https://www.childnet.com/resources/digiduck-stories. These are e-books so can be read online.

Lastly, you can use the SMART acronym to help you be safe online.

https://www.childnet.com/young-people/primary/get-smart

There's a quiz at the bottom of the page, although you will need a grown up to help you to read it.

You can let us know how you got on and how you're going to keep yourself safe online in the Class Notes on Teams.

Health & Wellbeing-Relax

Life can be busy and it is important to take time to relax. Your task is to take some time to do something to help you unwind. You might want to read a book, draw or colour a picture, listen to some music or have a cuddle with a teddy. You can choose how long you want to do your activity for and how often you do it, you might want to try something different each day.

We would like to hear about the different ways you are choosing to relax, if you try more than one thing let us know which one was your favourite.

Outdoor Learning -Amphibian Home

Can you make a home for a toad?

Follow the instructions attached. If you don't have a flower pot you could use something similar such as a plastic bucket.

Take a photo of your creation and let me know if any toads come to visit, I'll use the evidence as we work towards our RSPB Wild Challenge Award.

French – France Facts

Watch the video about France and see if you can answer the following questions.

https://www.youtube.com/watch?v=FxdxWg7OcQ

- 1. What language do people speak in France?
- 2.True or false, it is the most visited county in the whole world.
- 3. What is the biggest city in France?
- 4. What is the tall tower in Paris called? 5. What is pain au chocolat?
- 6.True or false: In France, people eat slugs.

You can take the quiz online on teams and you can let us know how you got on in the Class Notes.

Fun Challenge - Make Your Own Play Plan

How often have you said to someone at home 'I'm bored'? Well, not any more... Inspired by Play Scotland, let's make our own play plan!

Get a blank piece of paper and carefully cut it into squares. Write down a different play idea on each square. It can be anything you like! You could even draw a picture beside each play idea to illustrate it.

Here are some play ideas to get you started:

- Jigsaws
- Board Games
- Imaginative Play dolls/cars/dinosaurs/animals
- Construction Lego/bricks/building blocks/magnetic shapes
- Garden Play outdoor equipment/sand/water/chalks
- Drawing, painting or junk modelling
- Reading stories
- Baking (with an adult)
- Singing or dancing
- Computer play
- Dressing up or role play make your own shop/bank/post office/police station/doctor's surgery/cafe

Once you have made all of your play plan activities, fold each one in half and pop them into any empty tub or tin.

Any time that you are feeling bored, you can just choose one of your play plan activities to do!

You can let us know how you got on in the Class Notes attached.

Happy playing!