



P5 Home Learning

<p><u>Music</u></p> <p>Practise playing your recorder. Mrs O'Connor has provided 3 pieces for you to practise: Love Me Tender, My Heart Will Go On and Flower Of Scotland.</p> <p>Happy Practising!</p>	<p><u>A Balanced Diet</u></p> <p>Task 1: Visit: https://www.bbc.co.uk/bitesize/topics/zrfr82/articles/zppvv4j watch the clip on a balanced diet and complete the quiz.</p> <p>Task 2: Fill in the blanks on the worksheet.</p> <p>Task 3: Complete the food diary.</p>	<p><u>Fitness Components</u></p> <p>Watch the 11 components of fitness video: https://www.bbc.co.uk/bitesize/guides/zxd4wx/revision/2</p> <p>Listen carefully to the video and complete the matching task.</p> <p>Choose one of the components and think of an activity you could do to test it. Then test it out! For example: How much stamina do you have? You could test this by going for a run.</p>
<p><u>Outdoor Art</u></p> <p>Try to make a piece of art outdoors in your garden or the park. This could be using sticks, leaves or any other natural thing you can find lying on the ground. Here is an example:</p> 	<p><u>Scottish Seabird Centre – 60 Seconds in Nature Challenge</u></p> 	
<p><u>Science MAX Elastic Powered Boat</u></p> <p>As usual, watch the video and have a go at the experiment yourself. Try it in your bath or paddling pool. Or even in a sink!</p> <p>https://youtu.be/XsJHReihfpg</p> <p>Do not go near lakes or ponds without supervision from an adult.</p>	<p><u>Health and Wellbeing</u></p> <p>Write as much or as little as you like to your teacher. We know how difficult this time is and having a check in with your teacher is something many of you may be missing.</p> <p>The full assignment will be available on teams, but the school will find a way to get your message to your teacher if you aren't on Teams.</p>	<p><u>Sports Day</u></p> <p>Plan your very own sports day</p> <ul style="list-style-type: none"> • When is it going to take place? • Where will it be • What will the sports be? • Who will take part? • What will the prizes be? • What is the weather forecast for the day you have chosen?

Try to complete the activities in the next 2 weeks. There will be a new grid on **Monday 15th June 2020**. There are also numeracy and literacy tasks on glow.

P5 Teachers would love to see some of your home learning. Tweet us @BurnbraeP5J @BurnbraeP5B