


P5 Home Learning

<p>First Aid</p> <p>It is important that you know what actions you can take to help someone in the event of an emergency. This activity requires some role-play. Have a look at the basic first aid document for some ideas on how to administer first aid such as the recovery position.</p>	<p>How active are you?</p> <p>It is important that we are staying active during this time. Active Schools Midlothian have set a competition to see how active you are. Complete their activity diary (see document or link below) https://www.activemidlothian.org.uk/news/active-schools---get-active-stay-active-1118 and email back to ActiveSchools@midlothian.gov.uk for the chance to win prizes.</p>	<p>Research</p> <p>Research the topic of "What do humans need to be healthy?" Present your findings in any way you choose this may be as a poster, written notes, a power point or as a spoken talk. Use this clip as a starting point clip to give you some ideas https://www.bbc.co.uk/bitesize/clips/zw3jxsg</p>
<p>French</p> <p>Practise saying the fruits in French https://www.youtube.com/watch?v=6wDTt-4wBsl</p> <p>Then go onto design your own smoothie, use the template. You need to include: the name of the smoothie (in English), the rest of the information in French and finally a picture. Extra: You may even want to create your smoothie.</p>		<p>Science</p> <p>Watch the YouTube video – Science Max – Egg Drop</p> <p>Design and make your own egg protection device and test it out.</p> <p>If you want to use or improve any of the designs in the video, feel free.</p> <p>Are you going to try to slow the egg down, or cushion its landing?</p>
<p>Drawing</p> <p>Watch the 'How to Draw a Bird' YouTube video.</p> <p>Using a pencil, follow the instructions on the video. Take your time, as sketching should not be rushed.</p> <p>If you make a mistake, try to correct it by sketching over it.</p> <p>You might want to draw a particular type of bird that you can see in your garden.</p>	<p>Food</p> <p>Find a recipe in a book or on the internet. This could be a salad, soup or cooked dish. Even a cake!</p> <p>As independently as you can, prepare or cook the dish.</p> <p>Try to do as much by yourself as you can.</p> <p>REMEMBER: Ask an adult to supervise chopping and using the hob</p>	<p>Mental Health and Wellbeing</p> <p>Talk to a member of your family about what makes you who you are.</p> <ul style="list-style-type: none"> • What are you most proud of? • What do you think you're good at? <i>(Everyone is good at something.)</i> • What do you worry about? <p>Ask them the same questions. Opening up to those you trust is important, and so is being there for others.</p>

Try to complete the activities in the next 2 weeks. There will be a new grid on **Monday 1st June 2020**. There are also numeracy and literacy tasks on glow.

P5 Teachers would love to see some of your home learning. Tweet us @BurnbraeP5j @BurnbraeP5B