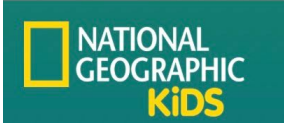
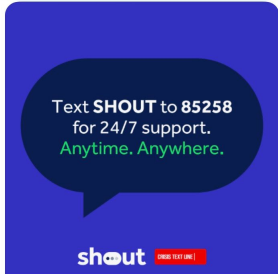
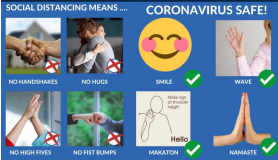



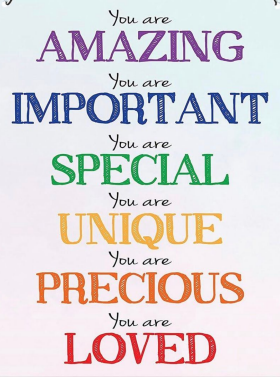


# Support for Learning Grid

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<p><b>Children &amp; Young People</b></p>	<p><b>Kids Club!</b></p> <p>Do you love exploring, learning and discovering new and exciting things? Then our Kids Club is for kids like you!</p> <p>This is YOUR section, where you'll find bags of cool content written for kids and by kids!</p>  <p><a href="https://www.natgeokids.com/uk/category/kids-club/">https://www.natgeokids.com/uk/category/kids-club/</a></p>	<p><b>Health &amp; Wellbeing</b></p> <p>'Shout' is a free 24/7 helpline if you are feeling worried, stressed, anxious, etc.</p>  <p>Children and young people struggling with their mental health and wellbeing can find the support they need by texting @GiveUsAShout</p> <p>Shout's free 24/7 helpline is part-funded by your donations to @BBCCIN helping people find calm in times of crisis</p> <p>Just text SHOUT to 85258</p> 	<p><b>Blue Peter Badge</b></p> <p>Find out how you can apply for a Blue Peter badge.</p>  <p><a href="https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges?collection=blue-peter-badges">https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges?collection=blue-peter-badges</a></p>	<p><b>Stay safe and aware online</b></p>  <p>It's easy to get caught up in all the #coronavirus updates. But not everything you read online about Covid-19 is necessarily true - take this quiz from @bbcbitesize to separate the facts from fakes around the coronavirus</p> <p><a href="https://www.bbc.co.uk/bitesize/articles/zb23382">https://www.bbc.co.uk/bitesize/articles/zb23382</a></p>  <p>Flicking through social media, it's easy to be taken in by a flawless selfie, dramatic videos or shocking stories.</p> <p>In this article @TinaDaheley looks at how to check what can and can't be believed.</p> <p><a href="https://www.bbc.co.uk/bitesize/articles/z7s992p">https://www.bbc.co.uk/bitesize/articles/z7s992p</a></p>	<p><b>A message from Burnbrae....</b></p> <p><i>Always remember:</i></p> 
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# Support for Learning Grid

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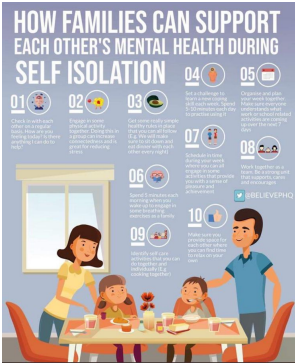
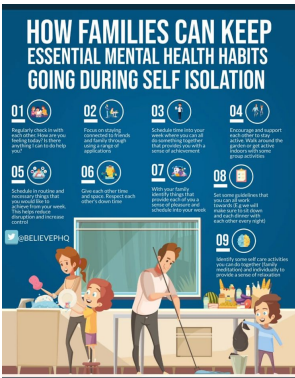
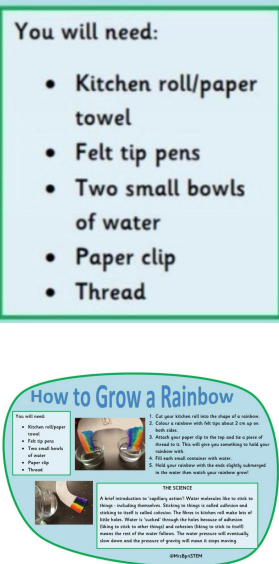



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<p><b>Parent(s) / Carer(s)</b></p>	<p><b>Claim Some Tax Relief</b></p> <p>Just a reminder if you're working from home during Coronavirus, you may be entitled to claim some tax relief...</p> <p>If your employer <i>requires</i> you to work at home, you can – and have always been able to – claim for increased costs due to working from home, eg, heating and electricity.</p> <p><a href="https://blog.moneysavingexpert.com/2020/04/martin-lewis--working-from-home-due-to-coronavirus--claim-p6-wk-/">https://blog.moneysavingexpert.com/2020/04/martin-lewis--working-from-home-due-to-coronavirus--claim-p6-wk-/</a></p> <p><b>Furlough Scheme</b></p> <p><b>CONFIRMED:</b> The new cut off date for furlough scheme is 19 Mar (replacing 28 Feb), so if u were on PAYE payroll on 19 March you can be furloughed.</p> <p><a href="https://www.gov.uk/government/news/furlough-scheme-cut-off-date-extended-to-19-march">https://www.gov.uk/government/news/furlough-scheme-cut-off-date-extended-to-19-march</a></p>	<p><b>Competition Time!</b></p> <p>Calling all grown-ups! Do you know a young person who would like to appear in a BBC Bring the Noise music video? Now is their chance!</p> <p></p> <p>I am a Robot sing, sign and dance challenge</p> <p></p> <p></p> <p>I am a Robot sing, sign and dance challenge bbc.co.uk</p> <p><i>Please note: The upload must be completed by a parent or guardian.</i></p> <p><b>Closing date</b></p> <p><i>All submissions must be uploaded by midnight on 27th April</i></p>	<p><b>Adult Online Learning &amp; Activities</b></p> <p><a href="https://www.open.edu/openlearn/">https://www.open.edu/openlearn/</a></p> <p><a href="https://www.futurelearn.com/">https://www.futurelearn.com/</a></p> <p><a href="https://www.open.edu/openlearncreate/">https://www.open.edu/openlearncreate/</a></p> <p><a href="https://chatterpack.net/">https://chatterpack.net/</a></p> <p><a href="https://liveboldandblooming.com/09/lifestyle/fun-things-to-do-at-home">https://liveboldandblooming.com/09/lifestyle/fun-things-to-do-at-home</a></p> <p><a href="https://www.goodhousekeeping.com/life/a26872864/what-to-do-when-bored/">https://www.goodhousekeeping.com/life/a26872864/what-to-do-when-bored/</a></p> <p><a href="https://blog.ted.com/how-ted-ed-is-helping-families-students-and-teachers-navigate-the-covid-19-pandemic/">https://blog.ted.com/how-ted-ed-is-helping-families-students-and-teachers-navigate-the-covid-19-pandemic/</a></p>	<p><b>Free Workouts</b></p> <p>100 free workouts you can do requiring no equipment. They are easy to follow home workout routines with visual guides for all fitness levels.</p> <p></p> <p><a href="http://www.epicdash.com/100-workouts-you-can-do-without-equipment/">http://www.epicdash.com/100-workouts-you-can-do-without-equipment/</a></p>	<p></p>
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# Support for Learning Grid

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	<a href="#">0-19-march</a>	2020.			
<b>Family</b>	<p><b>Health &amp; Wellbeing</b></p>  	<p><b>Grow a Rainbow</b></p> <p>Continue to show your support during the Covid-19 by growing a rainbow!</p> 	<p><b>Virtual Field Trips</b></p> <p>Virtual field trips are a great way to expose kids to new places all from the comfort of home. So many museums, zoos and aquariums have set up virtual tours and webcams of their facilities.</p>  <p>Now more than ever, is it easier to visit destinations around the world from the comfort of your couch. Click the link below for 20 virtual field trips that you can take with your kids.</p> <p><a href="https://adventuresinfami">https://adventuresinfami</a></p>	<p><b>Health &amp; Wellbeing</b></p> <p>Promote and practice your wellbeing at home.</p> 	<p>Don't leave the house unless it's for the.....</p> 

# Support for Learning Grid

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			<a href="http://lyhood.com/20-virtual-field-trips-to-take-with-your-kids.html">lyhood.com/20-virtual-field-trips-to-take-with-your-kids.html</a>		
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