

An illustration of a campsite. In the foreground, there is a green grassy field. A small orange tent is pitched on the left. To its right is a small campfire with logs. In the background, there are several green pine trees of varying heights. Behind the trees are light blue mountains with white peaks. The sky is white.

Bonnyrigg Primary School P7 Camp

Whithaugh Park 2023

2nd May - 5th May 2023

Jamie Dougal





Agenda

- Whithaugh Park
- Rock UK
- Multi-Activity Camps
- Staffing from Bonnyrigg
- Health & safety
- Questions



CREATING CONFIDENT KIDS SINCE 1922

Whithaugh Park - Scottish Borders

- Set in the beautiful Scottish Borders town of Newcastleton
- All activities delivered on site
- Accommodation set within a walk of all camp amenities
- Additional information can be found at [Whithaugh Park](#)





Welcome to Rock UK

- An organisation rooted in outdoor experience formed in 1922
- Four centres across the UK
- Over 60,000 visitors each year
- Fully risk assessed
- ABTA bonded





Multi-Activity

- 4 action-packed adventure activity sessions per day
- Evening entertainment
- Great for personal development & confidence building
- Increases motivation & appetite for learning



Adventure Activities

- Abseiling
- Raft Building
- Archery
- Challenge Course
- High Ropes
- Stream Adventure
- Low Ropes
- Bushcraft
- Climbing
- Fencing
- Open Canoe



Evening Entertainment

- Zip Line
- Swimming
- Disco (Last Night)



Staffing from Bonnyrigg

- Mr Dougal
- Miss Fraser
- Mr Simkin
- Mrs Cairns
- Two additional members of school staff



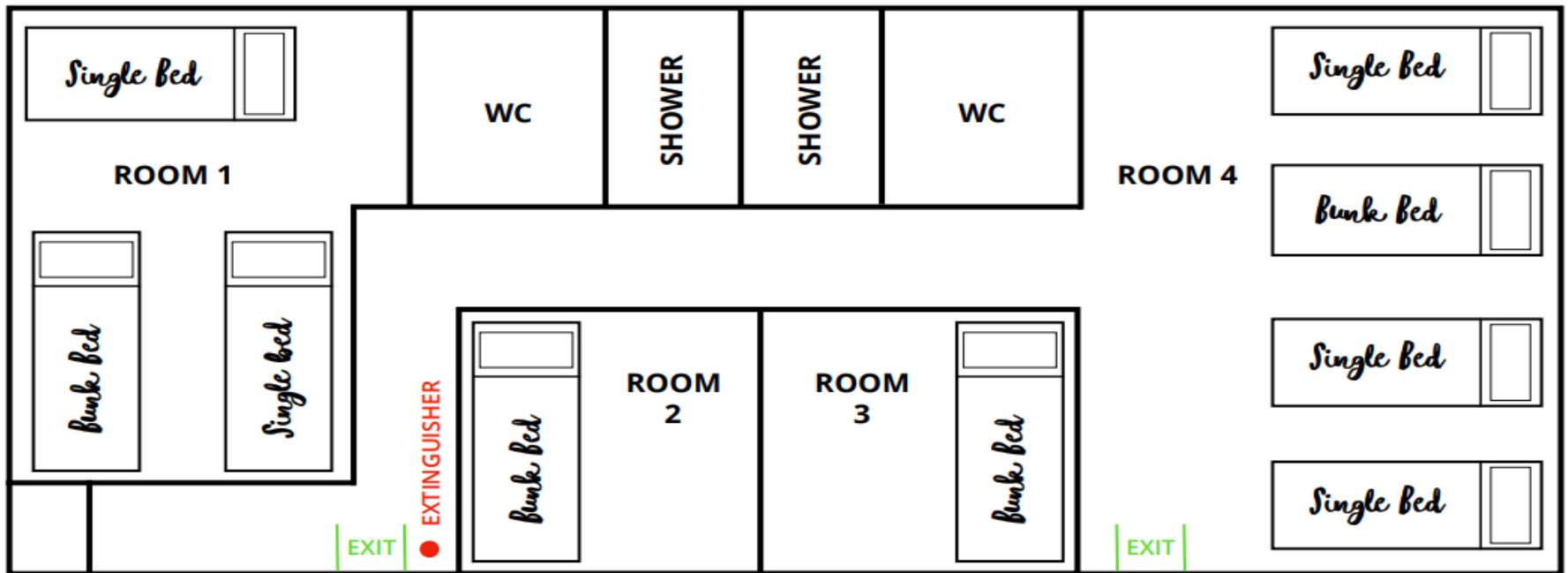
Accommodation

- Mixture of sized Scandinavian lodges
- Maximum of 12 children per dorm
- Supported by one adult from school in each dormitory

ALDER HOLM

A cluster of 7 cabins providing independent facilities for up to 65 people.
One cabin has the group's kitchen & diner, another the activity & meeting area.
5 further cabins each provide bedroom accommodation as shown below.

Lodges 21, 22, 25, 26 & 27 (13 beds in each)



Example Layout



Catering and dietary needs

- 3 Balanced nutritious meals per day
- Self Service Breakfast
- Self Service Lunch



Expectations

- Ready, Respectful and Safe
- Respectful to all others at camp (adults and children)
- Respectful of property and equipment
- Demonstrate good manners at all times
- Return to own dormitory when instructed to do so.

Do's & Don'ts

Do.....

- Bring plenty of extra socks.
- Bring a book/paper & pen for before bed.
- Bring a black bag or plenty plastic bags to put wet/dirty clothes in.
- Bring a waterproof jacket.
- Have fun!

Do Not.....

- Bring electronic equipment.
- Bring ANY food.
- Bring hair-dryers or straighteners.
- Bring aerosols.
- Bring valuables or money.
- Bring mobile phones.



Useful Links

- Whithaugh Park Website - [Rock UK Site](#)



Keeping in Touch

Follow us on Twitter at the following address:

@Bonnyrigg1





Thank you for listening
Any questions?

The background of the poster features a stylized illustration of a campsite. In the foreground, there is a green grassy field with a small blue stream. A large orange tent is pitched on the left, and a small campfire with logs is on the right. Behind the tent, there is a dense forest of green and grey coniferous trees. In the background, there are light blue mountains with white peaks. The overall style is flat and modern.

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