# Dairy free menu choice Jan – June 2019

Please let the kitchen know by the Monday of each week what options your child requires.

Many thanks

**Week 1**

Monday soup Salmon nibbles, wedges & tomato salsa fruit

Tuesday soup Cold lunch, wrap or bread & dairy free filling fruit

Wednesday soup Baked potato with plain tuna fruit

Thursday soup Rst beef rst potato & broccoli fruit

**Week 2**

Monday soup Fish goujons chips & peas fruit

Tuesday soup Pasta Bolognese & carrots fruit

Wednesday soup Baked potato with plain tuna or beans fruit

Or minced beef potato & turnip

Thursday soup Rst chicken rst potato & cauliflower fruit

**Week 3**

Monday soup Cold lunch, wrap or bread & dairy free filling fruit

Tuesday soup Chicken casserole, potato & carrots fruit

Or tomato pasta & carrots

Wednesday soup Baked potato with beans fruit

Thursday soup salmon fish cakes rst potato & broccoli fruit

available every day is the cold lunch choice, with this you can have soup and fruit

hot choice is available with either soup or fruit

#dairy free yogurts unfortunately we are unable to get these on contract so will not be available

# dairy free fillings are cold ham, chicken, sliced egg & tuna